

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2017

Murrysville Veranda

G-Ground Floor AC-Arts and Crafts Room 1-First Floor Card Room 2-Second Floor Card Room 3-Third Floor Card Room
4-Fourth Floor Card Room C-Chapel PDR-Private Dining Room ML-Main Lobby H-Highlanders MS-Medical Suite VDR-Veranda Dining Room

2:30 Chapel Service Rev. Joseph Hedden United Church of Christ, Export	3 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 500 Cards-AC 1:30 Book Discussion Group-2 7:00 Cards & Games-AC 	4 9:00 Yoga-Chapel 11:00 Community Worship and Celebration of Life-C 12:00 Mah-Jongg-1 12:30 Men's Club-H 2:00 Bible Study-2 7:00 Dairy Queen in Plum-Trip-ML 7:00 Cards & Games-AC	5 8:00 to 9:00 Open Gym-Fitness Room 10:00 Healthy Hands-C 10:30 Better Balance-C 1:30 Catholic Worship-C 2:30 Lifestyle Committee Meeting-4 3:30 Redstone Choir-Chapel 7:00 Bingo-AC	6 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 Resident Council-Open to All Residents-AC 4:00 Abruzzi's Restaurant-Trip-ML 7:00 Dominoes-AC	7 1:00 to 6:00 Garden Club Flower Show-Chapel 8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat for Ground floor/1st floor residents-AC 12:45 Walmart Trip-ML 2:00 Becca's Farewell Party-Highlanders	8 10:00 to 3:00 Garden Club Flower Show-Chapel 1:00 Movie Matinee Arts and Crafts Room Residents Choice
2:30 Chapel Service Pastor Dan Lawrence Murrysville Alliance Church, Murrysville Steelers vs Browns @ 1:00pm 	10 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet-G 1:00 500 Cards-AC 7:00 Cards & Games-AC	12 9:00 Yoga-Chapel 10:00 Food Committee-PDR 12:00 Mah-Jongg-1 1:00 Great Courses/ World's Greatest Paintings- AC 2:30 Bingo-AC 7:00 Cards & Games-AC	13 8:00 to 9:00 Open Gym-Fitness Room 10:00 Healthy Hands-C 10:30 Better Balance-C 12:00 to 2:30 Indian Lake Picnic-Trip-ML 1:30 Catholic Worship-C 7:00 Bingo-AC	14 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 7:00 Dominoes- AC	15 8:00 to 9:00 Open Gym-Fitness Room 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat for 4th floor residents-4 12:45 Aldi's-Trip-ML 1:30 Nickel Game-Highlander	10:00 Dollhouse Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice
2:30 Chapel Service Pastor Richard Lang Grace Reformed Presbyterian Church, Monroeville Steelers vs Vikings @ 1:00pm 	17 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet-G 1:00 500 Cards-AC 7:00 Cards & Games-AC	18 9:00 Yoga-Chapel 11:00 Worship and Celebration of Communion-Chapel 12:00 Mah-Jongg-1 2:00 Kevin Solecki-Oktoberfest-Highlanders 3:00 Book Club-4 7:00 Cards & Games-AC	19 8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 11:30 Cooking Demo-AC 1:30 Catholic Worship-C 2:00 Spiritual Committee-3 2:30 History Presentation with Lisa-Highlanders 7:00 Bingo-AC	20 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 4:00 Tarentum Train Station-Restaurant-Trip-ML 7:00 Dominoes- AC Rosh Hashanah	21 8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat for 2nd floor residents-2 2:00 Farkle-Highlanders 3:00 Social Hour-AC Autumn Begins	1:00 Movie Matinee Arts and Crafts Room Residents Choice
2:30 Chapel Service Rev. Marnie Silbert Newlonsburg Presbyterian Church, Murrysville Steelers vs Bears @ 1:00pm 	24 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet-G 1:00 500 Cards-AC 2:00 Alzheimer's Support Group-Terrace -FR 7:00 Cards & Games-AC	25 9:00 Yoga-Chapel 11:30 to 1:00 Super Foods-Veranda Dining Room 12:00 Mah-Jongg-1 1:00 Great Courses/ World's Greatest Paintings- AC 4:30 Olive Garden in Monroeville-Trip-ML 7:00 Cards & Games-AC	26 8:00 to 9:00 Open Gym-Fitness Room 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Coffeehouse Chat-H 1:30 Catholic Worship-C 7:00 Bingo-AC	27 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 2:00 "Beer Crafting Event"-We are Hosting Greensburg Residents-Highlanders 7:00 Dominoes-AC	28 8:00 to 9:00 Open Gym-Fitness Room 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat for 3rd floor residents-3 1:30 Fall Craft-AC	10:00 Dollhouse Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice

Yom Kippur

Any calendar changes or additions will be posted on the bulletin board. Red (Off-Campus Trips), please sign up in the Event Binder outside the main office.

**Murrysville Veranda
September 2017**

Off Campus Events:

Please sign-up for these trips in the Event Binder outside the Main office.

Shopping: Fridays

September 1st.....Westmoreland

Mall, bus departs at 12:45pm

September 8th.....Walmart, bus

departs at 12:45pm

September 15th.....Aldi's, bus

departs at 12:45pm

Grocery Shopping/Bank:

Every Thursday morning at 9:30am;

September; 7, 14, 21, 28

Committee Meetings:

Lifestyle Committee: Wednesday,

September 6th at 2:30pm in the

Fourth floor card room.

Resident Council Meeting: Thursday,

September 7th, 1:00pm in the Arts

and Crafts Room.

Food Committee:

Tuesday, September 12th, 10:00am

in the Private Dining Room.

Spiritual Life Committee:

September 20th at 2:00pm in the

Third Floor Card Room.

Book Club:

Tuesday, September 19th, 3:00pm in

the Fourth floor card room.

Bible Study:

Tuesdays, September 5th at 2:00pm

in the Second floor card room. Check

your calendar for changes.

Campus Chats with the Executive

Director:

Check your calendar for dates and

times for each floor.

Super Foods:

Tuesday, September 26th from

11:30 to 1:00pm in the Veranda

Dining Room.

NOTE: The Book Discussion Group and Bible Study may decide to continue meeting in Becca's absence. Please check with fellow members.

On Campus Events:

Social Hour: Friday, September 22nd at 3:00pm on the outside patio (weather permitting)! Get together with your neighbors and friends and enjoy some light refreshments.

Bingo: Tuesday, September 12th at 2:00pm in the Arts and Crafts Room. We play for an hour and have many laughs. Come down for a chance to yell out Bingo and to win some dove dollars!!

Nickel Game: Friday, September 15th at 1:30pm in the Highlanders. Bring your nickels and have some fun! If you don't know how to play; you can learn as you play. Level of play is easy!!

Farkle: Friday, September 22nd at 2:00pm in the Highlanders. The game is played with six dice!

Great Courses-The World's Greatest Paintings: Tuesdays in the Arts and Crafts Room at 1:00pm. Check your calendar for dates. We will study a few paintings in each lecture. These paintings are all from the Western tradition, a decision that is both predictable and defensible. They reveal their secrets slowly through careful observation--"reading", it can be said--of brushstroke, expressiveness of color, coherence of individual shapes, attention to detail, overall composition and mood, artistic imagination, and much more.

Coffeehouse Chat with a Snack: Wednesday, September 27th at 11:00am in the Highlanders. Come have a light snack and stay for the conversation!

500 Card Game: Mondays and Thursdays at 1:00pm in the Arts and Crafts Room. Join us in the game of 500. Four players are needed to a table.

Starting Back: Wii Bowling: Every Thursday in the Arts and Crafts Room. Open to everyone. Check your calendar for times.

History Presentation with Lisa: Wednesday, September 20th at 2:30pm in the Highlanders. Each month a new and interesting topic! All are Welcome!

Yoga: Tuesdays at 9:00pm in the chapel. Instructor: Soroja Chandra. Please bring a mat or towel. Yoga is a mind and body practice with historical origins in ancient Indian philosophy.

Becca's Farewell Party: Friday, September 8th at 2:00 in the Highlanders. Join us in a little farewell gathering and share some cake and punch and lots of god memories and good wishes for Becca. This will be Becca's last day working at Redstone.

Oktoberfest with Kevin Solecki: Tuesday, September 19th at 2:00pm in the Highlanders with Kevin Solecki on accordion. Oktoberfest menu will be served with beverages!! Kevin comes dressed for Oktoberfest and is enjoyed by all!!!

"Beer Crafting Event": Thursday, September 28th at 2:00pm in the Highlanders. Murrysville will be hosting the residents from the Greensburg campus. Let's give them a warm welcoming! We will be sampling the different types of beers and learning a little about each and enjoying some finger foods.

Returning Crafts; Fall Craft: Friday, September 29th at 1:30pm in the arts and crafts room. Now that the weather is changing, let's get together and find our creative side!!

Off Campus Trips:

Please sign-up for these trips in the Event Binder outside the Main office. Sign-ups and cancellations need to be made 48 hours in advance in order to make the proper reservations.

If you have any ideas or information for an upcoming trip, you can give the information to a Lifestyle Committee member. The members are listed under the birthdays. You are also invited to join us in the meeting with your suggestions and please come prepared with all the details! Please keep in mind, the trips are planned a month in advance to secure transportation.

Dairy Queen in Plum: Tuesday, September 5th, bus departs from the main lobby at 7:00pm. Have an after dinner treat with friends at the Dairy Queen. Blizzards, banana splits, soft-serve cones, brownie desserts, so much more to choose from!!

Abruzzi's Italian Cucina Restaurant: Thursday, September 7th, bus departs from the main lobby at 4:00pm. Abruzzi's is located in Irwin. Excellent food, atmosphere and serving staff. The prices are reasonable and a good variety on the menu. Great cocktails!!

Indian Lake Picnic: This is our annual picnic, which will be held this year at Indian Lake on Wednesday, September 13th from 12:00pm to 2:30pm. Rain or Shine!! Departure time will be at 11:15am from the main lobby. Come join your friends from all three Redstone Campuses for a day of food, fun and games. This is an active trip so keep in mind that it will be necessary to walk on uneven surfaces and seating will be at picnic tables with backless picnic benches. Menu items will include: hotdogs, fried chicken, baked beans, macaroni salad, watermelon, brownies, ice tea, soda and water. Be sure to have signed up no later than September 6th.

Tarentum Train Station: Thursday, September 21st, bus to depart from the main lobby at 4:00pm. Long-running Italian-American eatery and bar, serving steak, seafood and pasta in a 1913 train station located in Tarentum.

Olive Garden in Monroeville: Tuesday, September 26th, bus to depart from the main lobby at 4:30pm. An all-time favorite of many!



September Birthdays

Veranda Residents:

September 8 Zora Kurp
September 11 Kathryn Taber
September 13 Marjorie Bjerklie
September 17 LaDorna Stephens
September 20 Gladys Thomas
September 21 Phyllis Kowal
September 24 Jennie Bartolotta
September 25 Barbara Carr

Courtyard Residents:

September 5 Liz Obradovich

Terrace Residents:

Staff Birthdays:

September 4 Joe Hajas
September 17 Thaila Fowkes
September 21 Paula Hawthorne

Lifestyle Committee Members:

Shirley Furman/Chairman
Muff Arnold
Eleanor Fulton
Barbara Carr

