



Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

<p>2:30 Chapel Service 1 Rev. D. Vance W. Torbert, Retired Third Presbyterian Church, Pittsburgh</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p> <p style="text-align: right;">2</p>	<p>9:00 Yoga-Chapel 3 11:00 Community Worship and Celebration of Life-C 12:00 Mah-Jongg-1 12:30 Men's Club-H 1:00 Great Courses/ World's Greatest Paintings- AC 2:30 Bingo-AC 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 4 10:00 Healthy Hands-C 10:30 Better Balance-C 1:30 Catholic Worship-C 2:30 Lifestyle Committee Meeting-4 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 5 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 Resident Council-Open to All Residents-AC 4:00 Max & Erma's Restaurant Trip-ML 7:00 Dominoes-AC</p>	<p>8:00 to 9:00 Open Gym-FR 6 10:00 to 5:00 Murrysville Women's Club Art Show-Chapel 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 1:00 Residents Campus Chat for 3rd floor residents-3</p>	<p>10:00 to 3:00 Murrysville Women's Club Art Show-Chapel 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service 8 Pastor Dan Lawrence Murrysville Alliance Church, Murrysville</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 9 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p> <p style="text-align: right;">10</p>	<p>9:00 Yoga-Chapel 10 10:00 Food Committee Meeting-PDR 11:00 Treetops Restaurant and Fall Foliage Trip-ML 12:00 Mah-Jongg-1 1:00 Great Courses/ World's Greatest Paintings- AC 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 11 10:00 Healthy Hands-C 10:30 Better Balance-C 1:30 Catholic Worship-C 2:30 Farkle-Highlanders 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 12 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 2:00 Music by Gene Horner-Chapel 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym-FR 13 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 12:45 Walmart Trip-ML 1:00 Resident Campus Chat for 4th floor residents-4 3:00 "Welcome New Residents"-Highlanders</p>	<p>10:00 Dollhouse Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service 15 Rev. Caroline Vickery Delmont Presbyterian Church, Delmont</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 16 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p>	<p>9:00 Yoga-Chapel 17 11:00 Worship and Celebration of Communion-Chapel 12:00 Mah-Jongg-1 1:00 Great Courses/ World's Greatest Paintings- AC 3:00 Book Club-4 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 18 10:00 Healthy Hands-C 10:30 Better Balance-C 11:30 Cooking Demo-AC 1:30 Catholic Worship-C 2:00 Spiritual Committee Meeting-3 2:30 History Presentation with Lisa-Highlanders 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 19 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 4:30 Clem's Barbecue Café-Trip-ML 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym-FR 20 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 12:45 Aldi's-Trip-ML 1:00 Resident Campus Chat for Ground floor/1st floor residents-AC 2:00 "Pizza Party"-Highlanders</p>	<p>1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service 22 Rev. Marnie Silbert Newlonsburg Presbyterian Church, Murrysville</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 23 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 2:00 "Fling Follow"-Chapel 7:00 Cards & Games-AC</p>	<p>9:00 Yoga-Chapel 24 11:30 to 1:00 Super Foods-Veranda Dining Room 12:00 Mah-Jongg-1 Time to be Determined-AMC Classic Delmont Movie Theatre-Trip-ML 1:00 Great Courses/ World's Greatest Paintings- AC 2:30 Fall Craft-AC 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 25 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Coffeehouse Chat-H 12:00 Seniors for Safe Driving-4 1:30 Catholic Worship-C 2:30 Nickel Game-H 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 26 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 7:00 Dominoes-AC</p>	<p>8:00 to 9:00 Open Gym-FR 27 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 12:45 Monroeville Mall-Trip-ML 1:00 Resident Campus Chat for 2nd floor residents-2 4:00 Social Hour-AC</p>	<p>10:00 Dollhouse Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service 29 JoAnne Swihart North Hills Baptist Church, Pittsburgh</p>	<p>8:00 to 9:00 Open Gym-Fitness Room 30 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 2:00 Alzheimer's Support Group-Terrace -FR 7:00 Cards & Games-AC</p>	<p>10:00 Trick or Treaters Halloween Parade from First Presbyterian Preschool-Lobby/Hallways 31 9:00 Yoga-Chapel 12:00 Mah-Jongg-1 2:00 Halloween Party-Highlanders 7:00 Cards & Games-AC</p> <p style="text-align: right;"><small>Halloween</small></p>	<div style="text-align: center;"> <h1 style="margin: 0;">October 2017</h1> <h2 style="margin: 0;">Murrysville Veranda</h2> <p style="font-size: small; margin: 5px 0;"> G-Ground Floor AC-Arts and Crafts Room 1-First Floor Card Room 2-Second Floor Card Room 3-Third Floor Card Room 4-Fourth Floor Card Room C-Chapel PDR-Private Dining Room ML-Main Lobby H-Highlanders MS-Medical Suite VDR- Veranda Dining </p> </div>			

**Murrysville Veranda
October 2017**

Off Campus Events:

Please sign-up for these trips in the Event Binder outside the Main office.

Shopping: Fridays

October 13th....Walmart, bus departs at 12:45pm

October 20th.....Aldi's, bus departs at 12:45pm

NOTE: October 27th...

Monroeville Mall, bus departs at 12:45pm

Grocery Shopping/Bank:

Every Thursday morning at 9:30am; October 5, 12, 19, and 26th.

Committee Meetings:

Lifestyle Committee:

Wednesday, October 4th at 2:30pm in the Fourth floor card room.

Resident Council Meeting:

Thursday, October 5th, 1:00pm in the Arts and Crafts Room.

Food Committee:

Tuesday, October 10th, 10:00am in the Private Dining Room.

Spiritual Life Committee:

October 18th at 2:00pm in the Third Floor Card Room.

Book Club:

Tuesday, October 17th, 3:00pm in the Fourth floor card room.

Campus Chats with the Executive Director:

Check your calendar for dates and times for each floor.

Super Foods:

Tuesday, October 24th from 11:30 to 1:00pm in the Veranda Dining Room.

On Campus Events:

Music by Gene Horner: Thursday, October 12th at 2:00pm in the Chapel. Gene will play the trumpet for our musical enjoyment with songs from the decades.

"Welcome New Residents": Friday, October 13th at 3:00pm in the Highlanders. All residents are welcomed to come and introduce yourself and to learn a little about our new neighbors.

"Pizza Party": Friday, October 20th in the Highlanders. You must sign up no later than Monday, October 16th.

"Fling Follow": Monday, October 23rd at 2:00pm in the Chapel. This year instead of having "mini flings" prior to the Fling, there will be a "Fling Follow" event as a wrap up. This way pictures from the event and the results can be shared.

Trick or Treaters: Tuesday, October 31st, a group of preschoolers from the First Presbyterian Preschool arrive here at 10:00am in their costumes and sing a song and then parade down the front lobby while the residents drop candy in their trick or treat bags. You will need to purchase and have approximately 35 to 40 pieces of candy. This will depend on how many actual preschoolers are here. They are so cute and it's such a wonderful time. Please sign up in the event binder so you can be certain to have a chair available for you in the lineup!! Bring your treats!!

Halloween Party: Tuesday, October 31st in the Highlanders at 2:00pm. Join us for a ghostly time!

Social Hour: Friday, October 27th at 4:00pm in the Arts and Crafts Room! Get together with your neighbors and friends and enjoy some light refreshments.

Bingo: Tuesday, October 10th at 2:30pm in the Arts and Crafts Room. We play for an hour and have many laughs. Come down for a chance to yell out Bingo and to win some dove dollars!!

Nickel Game: Wednesday, October 25th at 2:30pm in the Highlanders. Bring your nickels and have some fun! If you don't know how to play; you can learn as you play. Level of play is easy!!

Farkle: Wednesday, October 11th at 2:30pm in the Highlanders. The game is played with six dice!

Great Courses-The World's Greatest Paintings: Tuesdays in the Arts and Crafts Room at 1:00pm. Check your calendar for dates. We will study a few paintings in each lecture. These paintings are all from the Western tradition, a decision that is both predictable and defensible. They reveal their secrets slowly through careful observation-"reading", it can be said--of brushstroke, expressiveness of color, coherence of individual shapes, attention to detail, overall composition and mood, artistic imagination, and much more.

Coffeehouse Chat with a Snack: Wednesday, October 25th at 11:00am in the Highlanders. Come have a light snack and stay for the conversation!

500 Card Game: Mondays and Thursdays at 1:00pm in the Arts and Crafts Room. Join us in the game of 500. Four players are needed to a table.

Wii Bowling: Thursdays in the Arts and Crafts Room at 11:00am. Open to everyone. Check your calendar for dates.

History Presentation with Lisa: Wednesday, October 18th at 2:30pm in the Highlanders. Each month a new and interesting topic! All are Welcome!

Fall Craft: Tuesday, October 24th at 2:30pm in the arts and crafts room. We can use this time to get together and find our creative side!!

Off Campus Trips:

Please sign-up for these trips in the Event Binder outside the Main office. **Sign-ups and cancellations need to be made 48 hours in advance in order to make the proper reservations.**

If you have any ideas or information for an upcoming trip, you can give the information to a Lifestyle Committee member. The members are listed under the birthdays. You are also invited to join us in the meeting with your suggestions and please come prepared with all the details! Please keep in mind, the trips are planned a month in advance to secure transportation.

Max & Erma's: Thursday, October 5th, bus to depart from main lobby at 4:00pm. Max & Erma's is located in Monroeville. Max and Erma's have anything and everything. You are sure to find something that you would like!

Treetops Restaurant and Fall Foliage Trip: Tuesday, October 10th, bus to depart from the main lobby at 11:00am for lunch. Treetops Restaurant is located in Acme. Offering culinary, architecture, and nature, Treetops provides a dramatic, enchanted forest setting situated within Polymath Park. The decor exemplifies the ambiance of Frank Lloyd Wright and his beliefs of integrating nature within the space. Treetops offers lunch and dinner with exceptional menus featuring local ingredients. Make plans now to experience their in-house smoked salmon, variety of filet and seafood or many other selections. Along the way and after lunch enjoy the colors of Fall with the fall foliage.

Clem's Barbecue: Friday, October 19th, bus departs at 4:30 from the main lobby. You'll love their succulent barbecue cooked over a hardwood fire. When you're looking for mouth-watering barbeque, go to Clem's Cafe. You can dine in the restaurant or eat outdoors on their patio. Get a tasty meal at an affordable price. This has been an annual trip. Have any questions; ask anyone who has been there!

AMC Classic Delmont Movie Theatre (formerly known as Wynsong Cinemas): Tuesday, October 24th. We have scheduled the bus to depart for the movies sometime in the afternoon. The movie choice and time is TBA (to be announced). We will need to see what movies are playing at the theatre on this day and need to wait for theatre to post. Please sign up in the event binder if you are going to go to the movies, don't wait to see what is playing. Any movie that will be chosen will be a nice afternoon out. Cost for movie tickets on Tuesdays and during this time frame is \$5.00.



October Birthdays

Veranda Residents:

October 4 Alda Kerschner

October 14 Pat Benko

October 16 Betty Jack

October 21 Christine Bothner-By

Courtyard Residents:

October 3 Lois Albrecht

October 10 Catharine Drago

October 24 Mary Louise Smith

Terrace Residents:

October 12 George Slavnik

Staff Birthdays:

October 3 Sheryl Shevchik

October 22 Minnie Erfley

October 25 Chelsea Wolfe

October 29 Donna Zori

Lifestyle Committee Members:

Shirley Furman/Chairman

Muff Arnold

Eleanor Fulton

Barbara Carr

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