

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday





G-Ground Floor AC-Arts and Crafts Room 1-First Floor Card Room
 2-Second Floor Card Room
 3-Third Floor Card Room
 4-Fourth Floor Card Room
 C-Chapel PDR-Private Dining Room
 ML-Main Lobby H-Highlanders
 MS-Medical Suite
 VDR- Veranda Dining

 TFR- Terrace Family Room
 FR- Fitness Room



March 2018

Murrysville Veranda

<p>2:30 Chapel Service 4 Rev. Edward Gray First Presbyterian Church, Murrysville</p>	<p>8:00 to 9:00 Open Gym- Fitness Room 5 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p>	<p>9:00 Yoga-Chapel 6 12:00 Mah-Jongg-1 12:30 Men's Club-H 2:00 Pittsburgh Zoo- "Zoo for All"-Chapel 2:00 Bible Study-2 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 7 10:00 Healthy Hands-C 10:30 Better Balance-C 1:30 Catholic Worship-C 2:30 Lifestyle Committee-4 3:30 Choir Rehearsal-Chapel 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 8 11:00 Penn Trafford High School Band-Chapel 11:45 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 4:00 DeNunzio's Restaurant in Monroeville-Trip-ML 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym-FR 9 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat for Ground floor/1st floor residents-G 12:45 Walmart Trip-ML 1:00-Farkle-H 2:00 Irish Sing-a-long-Chapel</p>	<p>1:00 Movie Matinee 3 Arts and Crafts Room Residents Choice</p> <p>10:00 Dollhouse 10 Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service 11 Pastor Dan Lawrence Murrysville Alliance Church,</p> 	<p>8:00 to 9:00 Open Gym- Fitness Room 12 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 4:00 Red Lobster-Trip-ML 7:00 Cards & Games-AC</p>	<p>9:00 Yoga-Chapel 13 10:00 Food Committee-PDR 11:00 Voting- Congressional Special Election-Newlonsburg Church -Trip-ML 12:00 Mah-Jongg-1 1:00 Great Courses-AC 2:00 Bible Study-2 2:30 "Ladies Luau" at Greensburg Campus-Trip-ML 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 4 10:00 Healthy Hands-C 10:30 Better Balance-C 1:30 Catholic Worship-C 3:30 Choir Rehearsal-C 6:30 to 8:30 Corks and Canvas-Highlanders 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 15 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 2:00 Lucky Bingo-Chapel 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym-FR 6 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat for 4th floor residents-4 12:45 Aldi's-Trip-ML 1:00 Nickel Game-H 3:30 Social Hour-AC</p>	<p>9:00am to 11:00am 17 Easter Egg Hunt-Veranda Dining Room (make reservations) 1:00 Movie Matinee-AC</p> 
<p>2:30 Chapel Service 18 Pastor Richard Lang Grace Reformed Presbyterian Church, Monroeville</p>	<p>8:00 to 9:00 Open Gym- Fitness Room 19 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 1:00 Symphony East-C 7:00 Cards & Games-AC</p>	<p>11:00 Worship and Celebration of Communion-C 20 12:00 Mah-Jongg-1 1:00 Understanding Your Brain/Great Courses-AC 2:00 Bible Study-2 3:30 Book Club-4 4:00 Max & Erma's-Trip-ML 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 21 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Coffeehouse Chat-H 1:30 Catholic Worship-Chapel 2:00 Spiritual Committee Mtg-2 2:30 History Presentation with Lisa-AC 3:30 Choir Rehearsal-Chapel 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 22 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym-FR 23 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat for 2nd floor residents-2 12:45 Westmoreland Mall-Trip 11:30 to 1:00-POPCORN DAY-Highlanders 1:00 Movie Day-AC</p>	<p>10:00 Dollhouse 24 Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service 25 Rev. Curtis Paul II Newlonsburg Presbyterian Church, Murrysville</p> 	<p>8:00 to 9:00 Open Gym- Fitness Room 26 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 2:00 Alzheimer's Support Group-TFR 7:00 Cards & Games-AC</p>	<p>9:00 Yoga-Chapel 27 12:00 Mah-Jongg-1 2:00 Bible Study-2 7:00 Cards & Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 28 10:00 Healthy Hands-C 10:30 Better Balance-C 1:30 Catholic Worship-Chapel 3:30 Choir Rehearsal-Chapel 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 29 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 4:00 China Palace-Monroeville-Trip-ML 7:00 Dominoes- AC</p>	<p>8:30 to 1:00 Murrysville Community Center (tax preparation)-Trip-ML 30 8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-C 10:30 Healthy Movements -C 11:00 Campus Chat for 3rd floor residents-3 3:30 Social Hour-AC 6:30 Good Friday Service-Chapel</p> 	<p>1:00 Movie Matinee 31 Arts and Crafts Room Residents Choice</p>

Any calendar changes or additions will be posted on the bulletin board. **RED (Off Campus)**, please sign-up in the Event Binder outside the main office.

**Murrysville Veranda
March 2018**

Off Campus Events:

Please sign-up for these trips in the Event Binder outside the Main office.

Shopping: Fridays

March 9th....Walmart, bus departs at 12:45pm

March 16th...Aldi's, bus to depart at 12:45pm

March 23rd.....

Westmoreland Mall, bus departs at 12:45pm

Grocery Shopping/Bank:

Every Thursday morning at 9:30, March 1, 8, 15, 22, and 29.

Committee Meetings:

Lifestyle Committee:

Wednesday, March 7th at 2:30pm in the Fourth floor Card Room.

Resident Council Meeting:

Thursday, March 1st, 1:00pm in the Arts and Crafts Room.

Resident Management Meeting:

Thursday, March 1st, 2:00pm in the Chapel.

Food Committee:

Tuesday, March 13th, 10:00am in the Private Dining Room.

Spiritual Life Committee:

March 21st at 2:00pm in the Second Floor Card Room.

Book Club:

Tuesday, March 20th, 3:30pm in the Fourth floor card room.

Campus Chats with the Executive Director:

Check your calendar for dates and times for each floor.

On Campus Events:

Medicare Fraud Prevention: Friday, March 2nd at 2:00pm in the Chapel. Presented by CARIE (Center for Advocacy for Rights and Interests of the Elderly). Learn how to protect yourself, your loved ones, and Medicare, from fraud and abuse.

Penn Trafford High School Band: Thursday, March 8th at 11:00am, approximately 40 high school students from the Penn Trafford High School Band will be here for a short performance. Please show your support by attending.

Irish sing along: Friday, March 9th at 2:00pm in the Chapel. Join Cara in the chapel singing along with some of your favorite songs. Cara is an entertainer in the Pittsburgh area. This sing-a-long will be for St. Patrick's Day.

Pittsburgh Zoo- Animal Antics: Tuesday, March 6th, "Zoo for All", at 2:00pm in the chapel. You will have the opportunity to see and feel "touchable" animal bio facts, different textures, observe different patterns and learn about animals found all over the world. You will also be introduced to three small live animals from the Zoo's Education Department.

"Lucky Bingo": Thursday, March 15th at 2:00pm in the Chapel. Try your luck for a St. Patrick's celebration of a "Lucky Bingo". All residents are invited.

Social Hour: Friday, March 16th and March 30th at 3:30pm in the Arts and Crafts Room! Get together with your neighbors and friends and enjoy some light refreshments.

Bingo: Friday, March 2nd at 3:30pm in the Arts and Crafts Room. We play for an hour and have many laughs. Come down for a chance to yell out Bingo and to win some dove dollars!!

Nickel Game: Friday, March 16th at 1:00pm in the Highlanders. Bring your nickels and have some fun! If you don't know how to play; you can learn as you play. Level of play is easy!!

Farkle: Friday, March 9th at 1:00pm in the Highlanders. The game is played with six dice! A fun game and the crowd is growing! Come and join us!

Great Courses-Understanding the Brain: Tuesdays in the Arts and Crafts Room at 1:00pm. Check your calendar for dates. Understanding the Brain scope: "The mind is just the brain doing its job." -Simon LeVay-

Coffeehouse Chat with a Snack: Wednesday, March 21st at 11:00am in the Highlanders. Come have a light snack and stay for the conversation!

500 Card Game: Mondays and Thursdays at 1:00pm in the Arts and Crafts Room. Join us in the game of 500. Four players are needed to a table.

Wii Bowling: Thursdays in the Arts and Crafts Room at 11:00am. Open to everyone. Check your calendar for dates. Play for Dove Dollars!!

History Presentation with Lisa: Wednesday, March 21st at 2:30pm in the Arts and Crafts Room. Each month a new and interesting topic! All are Welcome!

Dollhouse Miniatures Class: Every other Saturday in the Arts and Crafts Room at 10:00am. Check your calendar for the dates.

Movie Day: Friday, March 23rd at 1:00pm in the Arts and Crafts Room. We watch a movie on demand or Netflix and have some snacks. Let Mary know if there is a movie that you would like to see.

Off Campus Trips:

Please sign-up for these trips in the Event Binder outside the Main office. Sign-ups and cancellations need to be made 48 hours in advance in order to make the proper reservations.

DeNunzio's Italian Restaurant in Monroeville. Thursday, March 8th, bus to depart from the main lobby at 4:00pm. Established local chain producing plentiful Italian American classics in relaxed quarters.

Red Lobster in Greensburg: Monday, March 12th, bus to depart at 4:00pm. Restaurant serving American seafood amid New England-themed decor. Dive into dinner! End your day on a high note!

Voting for Congressional Special Elections: Tuesday, March 13th, bus to depart at 11:00am. Voting is held at Newlonsburg Presbyterian Church. The bus departs at 11:00am and will make two trips as necessary.

Redstone Highlands Campus in Greensburg: Tuesday, March 13th, bus to depart at 2:30pm and return around 4:45pm. Ladies Luau for, you guessed it, Ladies only!! Mingle with the Greensburg residents. Entertainment begins at 3:15!!

Max & Erma's: Tuesday, March 20th, bus to depart from main lobby at 4:00pm. Max & Erma's is located in Monroeville. Max and Erma's have anything and everything. You are sure to find something that you would like!

China Palace: Thursday, March 29th, bus to depart from main lobby at 4:00pm. China Palace of Monroeville has been offering Award-Winning Cuisine for over 20 years. More than 200 selections are on their menu!

Murrysville Community Center, Income Tax Preparation: Friday, March 30th from 8:30am till 1:00pm. Taxes are prepared by the AARP Foundation Tax-Aide for Low to Moderate Income Taxpayers, especially those 60 and over, on a first come-first serve basis. The bus is leaving at 8:30am and you may have a substantial wait to get your taxes prepared. The bus will pick you up when you are completed with your taxes, no later than 1:00pm.

If you have any ideas or information for an upcoming trip, you can give the information to a Lifestyle Committee member. The members are listed under the birthdays. You are also invited to join us in the meeting with your suggestions and please come prepared with all the details! Please keep in mind, the trips are planned a month in advance to secure transportation.



March 2018

Veranda Residents:

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| March 9 | Marlyn Mandalay |
| March 10 | Joseph Barnett |
| March 10 | Maureen Kane |
| March 20 | Mary Giuliana |
| March 23 | Marilynn Reynolds |
| March 24 | Clifford Eve |
| March 25 | Alvin Fetherolf |
| March 29 | Edith Letham |
| March 29 | Margaret Buterbaugh |
| March 31 | John Meyers |

Staff Birthdays:

- | | |
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| March 19 | Mary Clemo |
| March 18 | Dale Noel |
| March 21 | Daniel Morelli |

Lifestyle Committee Members:

- Shirley Furman/Chairman
Muff Arnold
Barbara Carr
Darlene Clark
Connie Meyers
Jack Meyers