

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2:30 Chapel Service Rev. Dave Cowl, First United Methodist Church, Murrysville</p> <p>Canada Day</p>	<p>8:00 to 9:00 Open Gym- Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards &amp; Games-AC</p>	<p>10:00 Understanding Your Brain/Great Courses-AC 12:00 Mah-Jongg-1 12:30 Men's Club-H 2:00 Bible Study-AC 7:00 Cards &amp; Games-AC</p>	<p>1:30 Catholic Worship-C 7:00 Bingo-AC</p>  <p>Independence Day</p>	<p>9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic- Medical Suite 1:00 Resident Council-Open to All Residents-AC 2:00 Resident Management Meeting-Chapel 4:00 Olive Garden-Trip-ML 7:00 Dominoes-AC</p>	<p>8:00 to 9:00 Open Gym- Fitness Room 10:00 Meaningful Movements- Chapel 10:30 Healthy Movements for Arthritis -Chapel 11:00 Campus Chat/Ground floor/1<sup>st</sup> floor residents-G 6:30 Games</p>	<p>1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service Pastor Dan Lawrence, Murrysville Alliance Church, Murrysville</p>	<p>8:00 to 9:00 Open Gym- Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 2:00 Original Class Act with Pat Condelli-Chapel 7:00 Cards &amp; Games-AC 7:00 Meadows Custard-Trip-</p>	<p>10:00 Food Committee-PDR 10:00 Understanding Your Brain/Great Courses-AC 12:00 Mah-Jongg-1 2:00 Bible Study-AC 3:30 Bingo-AC 7:00 Cards &amp; Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 11:30 Pirate Game Mixer at North Huntington Campus- Trip-ML 1:30 Catholic Worship-C 3:30 Choir Rehearsal-C 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic- Medical Suite 1:00 500 Card Game-AC 2:00 East End Kids Spring Performance-Chapel 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym- Fitness Room 10:00 Meaningful Movements- Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat/4<sup>th</sup> floor residents-4 12:45 Walmart Trip-ML 6:30 Games</p>	<p>1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service Rev. Peter Goetschius, Poke Run Presbyterian Church, Apollo</p>	<p>8:00 to 9:00 Open Gym-FR 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 4:00 Red Robin-Trip-ML 7:00 Cards &amp; Games-AC</p>	<p>10:00 Understanding Your Brain/Great Courses-AC 11:00 Worship and Celebration of Communion-C 12:00 Mah-Jongg-1 12:30 Popsicle Treat-AC 2:00 Bible Study-AC 3:30 Book Club-4 7:00 Cards &amp; Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Great Courses-The History of the Bible-AC 1:00 Movie Day-AC 1:30 Catholic Worship-C 3:30 Choir Rehearsal-C 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic- Medical Suite 1:00 500 Card Game-AC 2:00 Introduction to the Benefits of Essential Oils Presentation-Chapel 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat/ 2nd floor residents -2 12:45 Aldi's-Trip-ML 2:00 Sing-a-Long-Chapel 3:30 Social Hour-outside patio 6:30 Games</p>	<p>1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>
<p>2:30 Chapel Service Rev. Marnie Silbert, Newlonsburg Presbyterian Church, Murrysville</p>	<p>8:00 to 9:00 Open Gym-FR 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 11:00 Farkle-H 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards &amp; Games-AC</p>	<p>10:00 Understanding Your Brain/Great Courses-AC 12:00 Mah-Jongg-1 2:00 Bible Study-AC 4:00 Rizzo's Restaurant- Trip-ML 7:00 Cards &amp; Games-AC</p>	<p>8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Coffeehouse Chat-H 1:30 Catholic Worship-C 2:30 History Presentation w/Lisa-Arts and Crafts Room 3:30 Choir Rehearsal-C 7:00 Bingo-AC</p>	<p>9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic- Medical Suite 1:00 500 Card Game-AC 4:00 Meet n Greet-Outside Veranda Patio 7:00 Dominoes- AC</p>	<p>8:00 to 9:00 Open Gym- FR 10:00 Meaningful Movements- Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat/ 3<sup>rd</sup> floor residents-3 12:45 Westmoreland Mall-Trip- ML 6:30 Games</p>	<p>1:00 Movie Matinee Arts and Crafts Room Residents Choice 2:00 Schramm's Farm- Trip-ML</p>
<p>2:30 Chapel Service Joanne Swihart North Hills Baptist Church, Pittsburgh</p>	<p>8:00 to 9:00 Open Gym-FR 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards &amp; Games-AC</p>	<p>10:00 Understanding Your Brain/Great Courses-AC 12:00 Mah-Jongg-1 1:00 Nickel Game-H 2:00 Bible Study-AC 7:00 Cards &amp; Games-AC</p>	<p><i>July 2018</i> <b>Murrysville Veranda</b></p> <p>G-Ground Floor 1-First Floor 2-Second Floor 3-Third Floor 4-Fourth Floor C-Chapel PDR- Private Dining Room ML-Main Lobby H- Highlanders MS-Medical Suite VDR-Veranda Dining Room TFR-Terrace Family Room FR-Fitness Room BR-Billiards Room</p>			

Any Calendar changes or additions will be posted on the bulletin boards.

**Murrysville Veranda**

**Off Campus Events:**

Please sign-up for these trips in the Event Binder outside the Main office.

**Shopping: Fridays**

July 13th....Walmart, bus departs at 12:45pm  
July 20th...Aldi's, bus departs at 12:45pm  
July 27th....Westmoreland Mall, bus departs at 12:45pm

**Grocery Shopping/Bank:**

Every Thursday morning at 9:30, July 5, 12, 19, 26.

**Committee Meetings:**

**Lifestyle Committee:** Had meeting in June

**Resident Council Meeting:**

Thursday, July 5th, 1:00pm in the Arts and Crafts Room.

**Resident Management Meeting:**

Thursday, July 5th, 2:00pm in the Chapel.

**Food Committee:**

Tuesday, July 10th, 10:00am in the Private Dining Room.

**Spiritual Life Committee:**

Will meet in September.

**Book Club:**

Tuesday, July 17th, 3:30pm in the Fourth floor Card Room.

**Bible Study:**

Tuesdays at 2:00pm in the Arts and Crafts Room

**On Campus Events:**

**Introduction to the Benefits of Essential Oils Presentation:** Thursday, July 19<sup>th</sup> at 2:00pm in the Chapel. Come join us for an introduction class on the benefits of essential oils with Dr. Lori Rothschild. Discover the history of aromatherapy, what essential oils are and how to use them aromatically, topically and internally.

**Meet n Greet with Wine and Music:** Thursday, July 26<sup>th</sup> at 4:00pm on the outside veranda patio. Come and enjoy an evening of delightful piano music, delicious appetizers, wine and beer along with our newest residents and potential residents. . If it rains, the event will be moved to the Highlanders. Space is limited, you must RSVP for this event to attend. Please sign up in the event binder that is located outside the main office.

**Social Hour:** Friday, July 20th at 3:30pm on the outside patio! Get together with your neighbors and friends and enjoy some light refreshments.

**Bingo:** Tuesday, July 10<sup>th</sup> at 3:30pm in the Arts and Crafts Room. Bingo is played for an hour. Come down for a chance to win some dove dollars!!

**Nickel Game:** Tuesday, July 31<sup>st</sup> at 1:00pm in the Highlanders. Bring your nickels and have some fun! You can learn as you play. Level of play is easy!!

**Farkle:** Monday, July 23rd at 11:00am in the Highlanders. The game is played with six dice! A fun game and the crowd is growing! Come and join us!

**Great Courses-Understanding the Brain:** Tuesdays in the Arts and Crafts Room at 10:00pm. Check your calendar for dates. Understanding the Brain scope: "The mind is just the brain doing its job." -Simon LeVay-

**Great Courses: The History of the Bible: The Making of the New Testament Canon:** Wednesday, July 18<sup>th</sup> at 11:00am in the Arts and Crafts Room.

**Coffeehouse Chat with a Snack:** Wednesday, July 25th at 11:00am in the Highlanders. Come have a light snack and stay for the conversation!

**500 Card Game:** Mondays and Thursdays at 1:00pm in the Arts and Crafts Room. Join us in the game of 500. Four players are needed to a table.

**Wii Bowling:** Thursdays in the Arts and Crafts Room at 11:00am. Open to everyone. Check your calendar for dates. Play for Dove Dollars!!

**History Presentation with Lisa:** Wednesday, July 25th at 2:30pm in the Arts and Crafts Room. Each month a new and interesting topic! All are Welcome!

**Movie Day:** Wednesday, July 18<sup>th</sup> at 1:00pm in the Arts and Crafts Room. Let Mary know if there is a movie that you would like to see.

**Popsicle Day:** Tuesday, July 17<sup>th</sup> at 12:30, join us in the Arts and Crafts Room for a refreshing popsicle treat!! In the United States and Canada frozen ice on a stick is generically referred to as a popsicle due to the early popularity of the popsicle brand, and the word has become a trademark to mean any ice pop or freezer pop, regardless of brand or format. In the Caicos Islands it is referred to as an ice saver. In the United Kingdom and Ireland the terms ice lolly and ice pop are used, though ice pop is much more common in Ireland. Chihiro is used as a slang term in the Cayman Islands, partially derived from chill. Different parts of Australia use either ice block or icy pole, and New Zealand uses ice block.

**Off Campus Trips:**

All drivers are equipped with GPS in the buses. Please refrain from giving the drivers directions when on a trip.

Please sign-up for these trips in the Event Binder outside the Main office. Sign-ups and cancellations need to be made 48 hours in advance in order to make the proper reservations.

**Olive Garden in Monroeville:** Thursday, July 5th, bus to depart from the main lobby at 4:00pm. Visit your local Olive Garden located in Monroeville for delicious Italian food perfect for the whole family. Whether you're looking for freshly baked bread sticks or perfectly made pasta. Olive Garden has something for any appetite. An all-time favorite of many!

**Meadows Frozen Custard:** Monday, July 9th, bus to depart at 7:00pm. "You can't buy happiness, but you can buy ice cream and that's kinda the same thing." Go out for an after dinner evening treat with friends!!

**Redstone Highlands Campus in North Huntingdon:** Wednesday, July 11th, bus to depart at 11:30am and return around 4:00pm. Enjoy watching the Pirate Game on TV with neighboring residents and friends while enjoying appetizers and drinks along with each other's company.

**Red Robin in Monroeville:** Monday, July 16th, bus to depart from the main lobby at 4:00pm. Red Robin specializes in burgers and bottomless steak fries! Try a delicious milkshake with your meal. Other options are on the menu.

**Rizzo's Malabar Inn:** Tuesday, July 24th, bus to depart at 4:00pm. Great American Spaghetti House. For the best Italian food this side of the Atlantic, there is only one place to go— Rizzo's Malabar Inn. Rizzo's Malabar Inn has been a Crabtree landmark since 1935, when Jerry DeFabo's grandparents opened a bar and company store on the first floor of their house. Originally, the restaurant was known as the Malabar Inn. In 1954, Rezero (Rizzo) DeFabo, changed the name to Rizzo's Malabar Inn. The current owner, Jerry DeFabo was actually born in the upstairs living quarters, which is now a dining room. The DeFabos pride themselves on providing authentic Italian food in a warm, family-friendly environment.

**Schramm's Orchards and Farm:** Saturday, July 28<sup>th</sup>, bus to depart at 2:00pm from the main lobby. At Schramm's you can purchase fresh produce, meat, such as beef and chicken, wine from their wine store located inside Schramm's and baked goods from Grandma's bakery.



**Veranda Residents:**

- July 4 Eileen Clark
- July 8 Eleanor Fulton
- July 12 Constance Meyers
- July 13 Teresa Kucic
- July 14 Shirley Furman
- July 19 Art Carr
- July 31 Emma Lyons

**Staff Birthdays:**

- July 6 Theresa Margliotti
- July 12 Carol Bundy
- July 18 Cheryl Stephens
- July 19 Jessica Mclean
- July 31 Minna Barton

**Lifestyle Committee**

**Members:**

- Shirley Furman/Chairman
- Muff Arnold
- Barbara Carr
- Darlene Clark
- Connie Meyers
- Jack Meyers
- Liz O'Bradovich

If you have any ideas or information for an upcoming trip, you can give the information to a Lifestyle Committee member. The members are listed under the birthdays. You are also invited to join us in the meeting with your suggestions and please come prepared with all the details! Please keep in mind, the trips are planned a month in advance to secure transportation.