

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Note: TIME CHANGE 11:00 Chapel Service Rev. Becca Siddle, Chaplain Redstone Highlands, Murrysville</p> 	<p>1 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p>	<p>2 9:00 Yoga-Chapel 12:00 Mah-Jongg-1 12:30 Men's Club-H 2:00 Bible Study-2 7:00 Cards & Games-AC</p>	<p>3 8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Flowers in the Attic-(Lunch) Trip-ML 1:30 Catholic Worship-C 2:30 Lifestyle Committee-4 3:30 Choir Rehearsal-Chapel 7:00 Bingo-AC</p>	<p>4 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 Resident Council-Open to All Residents-AC 7:00 Dominoes-AC</p>	<p>5 8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis -Chapel 11:00 Campus Chat/Ground floor/1st floor-G 1:00 Bingo-AC</p>	<p>6 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>						
<p>2:30 Chapel Service Pastor Dan Lawrence Murrysville Alliance Church, Murrysville</p>	<p>8 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p>	<p>9 9:00 Yoga-Chapel 10:00 Food Committee-PDR 12:00 Mah-Jongg-1 1:00 Understanding Your Brain/Great Courses-AC 2:00 Pittsburgh Zoo- "Then and Now"-Chapel 2:00 Bible Study-2 7:00 Cards & Games-AC</p>	<p>10 8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 10:30 Tanger Outlets-Trip-ML 1:30 Mother of Sorrows Catholic Mass and the Sacrament of the Anointing-C 2:30 Farkle-H 3:30 Choir Rehearsal-C 7:00 Bingo-AC</p>	<p>11 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 7:00 Dominoes- AC</p>	<p>12 8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-Chapel 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat/4th fl-4 12:45 Walmart Trip-ML 2:00 Tracie Lee -Spring Music Program-Chapel</p>	<p>13 10:00 Dollhouse Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>						
<p>2:15 Penn Trafford High School Play-Trip-ML 2:30 Chapel Service Rev. Robert Marrow Crossroads Presbyterian Church, Monroeville</p>	<p>15 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p>	<p>16 9:00 Yoga-Chapel 11:00 Worship and Celebration of Communion-C 12:00 Mah-Jongg-1 1:00 Understanding Your Brain/Great Courses-AC 2:00 Bible Study-2 3:30 Book Club-4 7:00 Cards & Games-AC</p>	<p>17 8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Coffeehouse Chat-H 1:30 Catholic Worship-Chapel 2:00 Spiritual Committee Mtg-2 2:30 History Presentation with Lisa-AC 3:30 Choir Rehearsal-Chapel 7:00 Bingo-AC</p>	<p>18 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 2:00 Nickel Game-H 4:30 Church Brew Works-Trip-ML 7:00 Dominoes- AC</p>	<p>19 8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat/ 2nd floor -2 12:00 Lunch Bunch-Loaves and Fishes-Chapel 12:45 Aldi's-Trip-ML 2:00 Coo Chats/Vicki-Chapel 3:30 Social Hour-AC</p>	<p>20 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>						
<p>2:30 Chapel Service Rev. Marnie Silbert Newlonsburg Presbyterian Church, Murrysville</p> 	<p>22 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 2:00 Alzheimer's Support Group-TFR 7:00 Cards & Games-AC</p>	<p>23 9:00 Yoga-Chapel 12:00 Mah-Jongg-1 1:00 Understanding Your Brain/Great Courses-AC 2:00 Bible Study-2 2:30 Shut the Box Game-H 4:30 Eighty Acres-Trip-ML 7:00 Cards & Games-AC</p>	<p>24 8:00 to 9:00 Open Gym-FR 10:00 Healthy Hands-C 10:30 Better Balance-C 11:00 Meet n Greet Social-H 1:30 Catholic Worship-C 3:30 Choir Rehearsal-C 3:30 Crafty Shack-Pottery Class-Highlanders 7:00 Bingo-AC</p>	<p>25 9:30 Grocery Trip-ML 11:00 Wii Bowling-AC 11:30 Blood Pressure Clinic-Medical Suite 1:00 500 Card Game-AC 7:00 Dominoes- AC</p>	<p>26 8:00 to 9:00 Open Gym-FR 10:00 Meaningful Movements-C 10:30 Healthy Movements for Arthritis-Chapel 11:00 Campus Chat/ 3rd floor -3 12:45 Westmoreland Mall-Trip 11:30 POPCORN -H 1:00 Movie Day-AC 7:00 Penn Trafford Community Band-Chapel</p> 	<p>27 10:00 Dollhouse Miniatures Class-AC 1:00 Movie Matinee Arts and Crafts Room Residents Choice</p>						
<p>29 2:30 Chapel Service Joanne Swihart North Hills Baptist Church, Pittsburgh</p> 							<p>30 8:00 to 9:00 Open Gym-Fitness Room 10:00 Muscle Toning-C 10:30 Head to Toe Stretch-C 1:00 Crochet Club-G 1:00 500 Cards-AC 7:00 Cards & Games-AC</p>	<p>G-Ground Floor 1-First Floor 2-Second Floor 3-Third Floor 4-Fourth Floor C-Chapel PDR- Private Dining Room ML-Main Lobby H-Highlanders MS-Medical Suite VDR-Veranda Dining Room TFR-Terrace Family Room FR-Fitness Room</p> <div style="text-align: center;"> <h1>April 2018</h1> <h2>Murrysville Veranda</h2>  </div>				

**Murrysville Veranda
March 2018**

Off Campus Events:

Please sign-up for these trips in the Event Binder outside the Main office.

Shopping: Fridays

April 13th....Walmart, bus departs at 12:45pm
April 20th...Aldi's, bus departs at 12:45pm
April 27th....Westmoreland Mall, bus departs at 12:45pm

Grocery Shopping/Bank:

Every Thursday morning at 9:30, April 5, 12, 19, 26.

Committee Meetings:

Lifestyle Committee:

Wednesday, April 4th, 2:30pm in the Fourth floor Card Room.

Resident Council Meeting:

Thursday, April 5th, 1:00pm in the Arts and Crafts Room.

Food Committee:

Tuesday, April 10th, 10:00am in the Private Dining Room.

Spiritual Life Committee:

Wednesday, April 18th at 2:00pm in the Second Floor Card Room.

Book Club:

Tuesday, April 17th, 3:30pm in the Fourth floor Card Room.

On Campus Events:

Pittsburgh Zoo- Animal Antics: Tuesday, April 9th, "Then and Now", at 2:00pm in the chapel. The Pittsburgh Zoo sure has changed since opening in 1898. This photographic presentation will guide you through more than a century of growth. You will also be introduced to 4 to 5 Education Ambassador small live animals from the Zoo's Education Department. This is the Zoo's last presentation for the season.

Tracie Lee Spring Music Program: Friday, April 13th at 2:00pm in the Chapel. Tracie plays the ukulele and has a beautiful voice. Back by resident request!!

Social Hour: Friday, April 20th at 3:30pm in the Arts and Crafts Room! Get together with your neighbors and friends and enjoy some light refreshments.

Bingo: Friday, April 6th at 1:00pm in the Arts and Crafts Room. Bingo is played for an hour. Come down for a chance to yell out Bingo and to win some dove dollars!!

Shut the Box: Tuesday, April 24th at 2:30 in the Highlanders. Played with a box and dice!

Nickel Game: Thursday, April 19th at 2:00pm in the Highlanders. Bring your nickels and have some fun! You can learn as you play. Level of play is easy!!

Farkle: Wednesday, April 11th at 2:30pm in the Highlanders. The game is played with six dice! A fun game and the crowd is growing! Come and join us!

Great Courses-Understanding the Brain: Tuesdays in the Arts and Crafts Room at 1:00pm. Check your calendar for dates. Understanding the Brain scope: "The mind is just the brain doing its job." -Simon LeVay-

Coffeehouse Chat with a Snack: Wednesday, April 18th at 11:00am in the Highlanders. Come have a light snack and stay for the conversation!

500 Card Game: Mondays and Thursdays at 1:00pm in the Arts and Crafts Room. Join us in the game of 500. Four players are needed to a table.

Wii Bowling: Thursdays in the Arts and Crafts Room at 11:00am. Open to everyone. Check your calendar for dates. Play for Dove Dollars!!

History Presentation with Lisa: Wednesday, April 18th at 2:30pm in the Arts and Crafts Room. Each month a new and interesting topic! All are Welcome!

Dollhouse Miniatures Class: Every other Saturday in the Arts and Crafts Room at 10:00am. Check your calendar for the dates.

Movie Day: Friday, April 27th at 1:00pm in the Arts and Crafts Room. We watch a movie on demand or Netflix and have some snacks. Let Mary know if there is a movie that you would like to see.

Crafty Shack Pottery Class: Wednesday, April 25th from 3:30pm to 5:30pm in the Highlanders. Cost is \$20.00. You will be making a beautiful bowl that will be food safe or to use as a centerpiece.

Loaves and Fishes Lunch Bunch: Friday, April 20th at 12:00pm in the Chapel. The Newlonsburg Presbyterian Church houses and administers the Loaves and Fishes Food Pantry, a non-profit community pantry that meets immediate hunger needs for those in our area. The pantry provides a three day supply of food to those who need it. We invite you to learn more about the program and ask attendees to please bring a non-perishable donation on the day of our luncheon. Items most in need include, paper towels, bathroom tissue, toothpaste, toiletries such as shampoo, soap, lotion etc. and boxed and canned foods.

Off Campus Trips:

Please sign-up for these trips in the Event Binder outside the Main office. Sign-ups and cancellations need to be made 48 hours in advance in order to make the proper reservations.

Flowers in the Attic: Wednesday, April 4th, bus to depart from the main lobby at 11:00am. Enjoy lunch and shop in their gift shop!! On Wednesdays, kids 60 and over are treated to a special lunch 20% off and 10% off of shopping. A flower in the Attic is the area's premier floral shoppe, restaurant and gift location.

Tanger Outlets: Wednesday, April 11th, bus to depart from the main lobby at 10:30am and return around 3:30pm. Eat lunch and shop on your own. Lots of outlet shops to shop in. Tanger Outlets Pittsburgh, also called Tanger Outlets Washington is an open-air outlet mall in South Strabane Township in Washington County.

Penn Trafford High School Play: Sunday, April 15th, bus to depart from the main lobby at 2:15pm. The play is "Grease" put on by the Penn Trafford High School Drama Guild. The performance begins at 3:00pm. Senior discount rate is \$11.00, paid for in advance, so tickets can be purchased. No refunds will be issued. Please pay for your tickets in the office when you sign up. Please sign up and pay by April 9th. Mary will be going to the High School to purchase the tickets in advance.

Church Brew Works: Thursday, April 19th, bus to depart from the main lobby at 4:30pm. Former church is now a lofty space for house-brewed beers, plus a mix of pizza, pierogi & many other options. The **Church Brew Works** is a brewpub in Pittsburgh set in the confines of a restored Roman Catholic church. The brewpub is located at 3525 Liberty Avenue in the Lawrenceville neighborhood of Pittsburgh. The church building was originally built in 1902, and had been used as a church.

Eighty Acres: Tuesday, April 24th, bus to depart from main lobby at 4:30pm. Restaurant located in Plum. At Eighty Acres Kitchen and Bar, they offer a refined, modern approach to contemporary American cuisine with a strong emphasis to local, farm-to-table products. They are committed to providing fresh and innovative dishes and memorable experiences.

If you have any ideas or information for an upcoming trip, you can give the information to a Lifestyle Committee member. The members are listed under the birthdays. You are also invited to join us in the meeting with your suggestions and please come prepared with all the details! Please keep in mind, the trips are planned a month in advance to secure transportation.



April 2018

Veranda Residents:

April 7 Lorraine Llewellyn
April 10 JoAnn Hunkawitz
April 10 Barbara Melvin
April 18 Patricia Walter
April 21 Genevieve Kozuch
April 22 Leonard Scimio
April 25 Wilma Maiers

Staff Birthdays:

April 8 Rianne Baker

Lifestyle Committee Members:

Shirley Furman/Chairman
Muff Arnold
Barbara Carr
Darlene Clark
Connie Meyers
Jack Meyers
Liz O'Bradovich

