

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2017 COURTYARD ACTIVITIES

Redstone Highlands – 6 Garden Center Drive – Greensburg, PA 15601

**LOCATIONS:**

1 = 1<sup>st</sup> Floor Sitting Area  
3 = 3<sup>rd</sup> Floor Activity Room  
3V = 3<sup>rd</sup> Floor Veranda (Apts.)  
C = Chapel  
L = Main Lobby  
GL = Garden Level

9:30 Full Body  
Stretching – C  
10:00 Better Balance – C  
11:00 Great Courses: – 3  
Experiencing America #13  
2:00 Westmoreland  
Museum of Art - C

2:00 Movie Matinee – 3  
The Trouble with Angels

3  
10:30 Catholic  
Communion – C  
2:30 Chapel – C

4  
2:00 Labor Day  
Movie Matinee – 3  
Nine to Five  
  
Labor Day

5  
9:30 Muscles in Motion – C  
10:30 Kick Ball - 3  
11:00 Snack & Chat - 3  
11:15 Trivia Time – 3  
1:30 Rosary Prayer Group – 3  
2:30 Craft Time - 3

6  
10:30 Time w/  
Chaplain Bobbie-3  
2:00 Chair Yoga & Pilates – 3V  
2:00 Rollers Game – 3  
3:00 Bingo - 3

7  
10:30 Sing Along w/  
Susie Q – 3  
11:15 Healthy Hands – 3  
1:30 Resident Council – 3  
2:00 Food Committee - 3  
2:00 Koinonia Singers - C

8  
9:30 Full Body  
Stretching – C  
10:00 Better Balance - C  
11:00 Great Courses: – 3  
Experiencing America #14  
1:30 Popcorn in the Paris Hall

9  
2:00 Movie Matinee – 3  
The Best Exotic Marigold Hotel

10  
10:30 Catholic  
Communion – C  
2:30 Chapel – C  
  
Grandparents Day

11  
10:15 Joyride – L  
11:30 Pre-Lunch Music  
By Cara Rozgonyi - 1  
1:00 Aerobics - C  
2:00 Left-Right-Center Dice-3  
3:15 Pittsburgh Zoo - C  
Presents  
"Zoo For All"

12  
9:30 Muscles in Motion – C  
10:30 Kick Ball - 3  
11:00 Snack & Chat - 3  
11:15 Trivia Time – 3  
1:30 Rosary Prayer Group – 3  
2:30 Ice Cream Outing - L

13  
10:30 Time w/  
Chaplain Bobbie-3  
2:00 Chair Yoga & Pilates – 3V  
2:00 Coin Roll Game – 3  
3:00 Bingo - 3

14  
10:30 Sing Along w/  
Susie Q – 3  
11:15 Healthy Hands – 3  
2:00 Apple Festival Bingo - C

15  
9:30 Full Body  
Stretching – C  
10:00 Better Balance - C  
11:00 Great Courses: – 3  
Experiencing America #15  
3:15 Music by  
Gashouse Annie - C

16  
2:00 Movie Matinee – 3  
Overboard

17  
10:30 Catholic  
Communion – C  
2:30 Chapel – C

18  
10:30 Balloon Swat – 3  
11:00 Snack & Chat - 3  
11:15 Chicken Soup  
for the Soul – 3  
1:00 Aerobics - C  
3:15 Oktoberfest  
w/ Kevin Solecki – C  
(music @ 3:15)

19  
9:30 Muscles in Motion – C  
1:30 Rosary Prayer Group – 3  
2:30 Apple Dumpling  
Hall Cart  
2:30 Movie: - 3  
Under the Tuscan Sun

20  
10:30 Time w/  
Chaplain Bobbie-3  
11:30 Dementia 101 - C  
2:00 Chair Yoga & Pilates – 3V  
2:00 German Travelogue – 3  
3:00 Bingo - 3

21  
10:30 Sing Along w/  
Susie Q – 3  
11:15 Healthy Hands – 3  
2:00 Manicures & a Movie – 3  
Life of Pi  
  
Rosh Hashanah

22  
9:30 Full Body  
Stretching – C  
10:00 Better Balance - C  
11:00 Great Courses: – 3  
Experiencing America #16  
1:30 Popcorn in the Paris Hall  
2:00 Alabaster Performing  
Arts Music Program - C  
  
Autumn Begins

23  
2:00 Movie Matinee – 3  
With Six You Get Eggrroll

24  
10:30 Catholic  
Communion – C  
2:30 Chapel – C

25  
10:15 Joyride - L  
1:00 Aerobics - C  
2:00 Uno Cards - 3  
3:00 Left-Right-Center Dice-3

26  
9:30 Muscles in Motion – C  
10:30 Kick Ball - 3  
11:00 Snack & Chat - 3  
11:15 Trivia Time – 3  
1:30 Rosary Prayer Group – 3  
2:30 Pizza Party - 3

27  
10:30 Time w/  
Chaplain Bobbie-3  
2:00 Chair Yoga & Pilates – 3V  
2:00 Coin Roll Game – 3  
3:00 Bingo - 3

28  
10:00 Healthy Hands – 3  
11:15 Lunch Bunch – L  
Appleby's

29  
9:30 Full Body  
Stretching – C  
10:00 Better Balance - C  
11:00 Great Courses: – 3  
Experiencing America #17  
2:15 Music by Gene Horner-C

30  
2:00 Movie Matinee – 3  
Fried Green Tomatoes  
  
Yom Kippur

PLEASE WATCH BULLETIN BOARD FOR CHANGES OR ADDITIONS TO THE CALENDAR