



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CATCH THE WAVE HYDRATION CART TO YOUR ROOM ON: MONDAY, TUESDAY AND FRIDAYS AROUND 3:00p</p> <p>Our Volunteer Liz to come 2x a week in the AM to do room visits</p> 			<p>8:00-Breakfast Club 1 10:00- Mexican Train 10:00-Wisdom Across the Ages 11:10-Exercise with Tracy Lunch: Reflections 2:00-Happy Hour Paula In Empower Meeting</p>	<p>8:00-Breakfast Club 2 10:00 – Liz to come and do room visits 11:10- Exercise Lunch: Reflections 2:00-Game/Jingo -</p> <p>Paula out of office from 9 to ? - Hopefully back by 2:00 <small>Groundhog Day</small></p>	<p>8:00-Breakfast Club 3 10:00- Did You Know .. 11:10 - Exercise with Tracy Lunch: Reflections 1:15-Beccas Corner</p>	<p>Catch up on things 4 Visit a neighbor Play a game/cards</p>
<p>2:30 Chapel Service 5 Rev. Charles MacPherson, Retired First Presbyterian Church, Murrysville</p>	<p>10:00- DIETARY TALK – 6 First 15 min./Hot Choc. Social 11:10-Exercise with Tracy Lunch: Reflections 1:30-Left, Center, Right</p>	<p>8:00-Breakfast Club 7 10:00- Paula In Hope Mtg. Liz to come and do 1 on 1's 11:00- Exercise with Tape Lunch: Reflections 1:30-Sort Chips 2:00-Bingo with Stephanie</p>	<p>8:00-Breakfast Club 8 10:00- Mexican Train 10:00-Wisdom Across the Ages 11:10- Exercise with Tracy Lunch: Reflections 2:00-Happy Hour</p>	<p>8:00-Breakfast Club 9 10:00 Hearts Game 11:10- Exercise with Tape Lunch: Reflections 1:30-Joyride</p>	<p>8:00-Breakfast Club 10 10:00- Did You Know... 11:10-Exercise with Tracy Lunch: Reflections 1:15-Beccas Corner</p>	<p>Catch up on things 11 Visit a neighbor Play a game/cards</p> <p><small>Tu B'Shevat</small></p>
<p>2:30 Chapel Service 12 Pastor Dan Lawrence Murrysville Alliance Church, Murrysville</p>	<p>10:00- DIETARY TALK 13 First 15 min./Hot Choc. Social 11:10-Exercise with Tracy Lunch: Reflections 2:00-Trina Entertainment-Don't miss!</p>	<p>8:00-Breakfast Club 14 10:00- Reminisce 50's 11:00- Exercise Lunch: Reflections 2:00-Valentine's Day Party – Highlanders</p> <p>WEAR SOMETHING, RED, PINK, HEARTS</p> <p><small>Valentine's Day</small></p>	<p>8:00-Breakfast Club 15 10:00- Mexican Train 10:00-Wisdom Across the Ages 11:10-Exercise with Tracy Lunch: Reflections 2:00-Happy Hour 2:00-Resident Council</p>	<p>8:00-Breakfast Club 16 10:00 Hearts Game 11:10- Exercise Lunch: Reflections 2:00-Pittsburgh Zoo – One Wild Place</p>	<p>8:00-Breakfast Club 17 10:00- Did You Know.... 11:10 - Exercise with Tracy Lunch: Reflections 1:15-Beccas Corner</p>	<p>Catch up on things 18 Visit a neighbor Play a game/cards</p>
<p>2:30 Chapel Service 19 Rev. Joseph Hedden Emmanuel Reformed U.C.C., Export</p>	<p>10:30- OUTING – 20 KINGS FAMILY RESTAURANT Lunch: Reflections 11:10 Exercise with Tracy 1:00-Sympothy East - Chapel 2:30- Movie/Popcorn</p>	<p>8:00-Breakfast Club 21 10:00- Reminisce 50's 11:00- Exercise Lunch: Reflections 1:30-Sort Chips 2:00-Bingo with Stephanie</p>	<p>8:00-Breakfast Club 22 10:00- Mexican Train 10:00- Wisdom Across the Ages 11:10- Exercise with Tracy Lunch: Reflections 2:00-Happy Hour</p>	<p>8:00-Breakfast Club 23 10:00 Hearts Game 11:10- Exercise Lunch: Reflections 1:30-Joyride</p>	<p>8:00-Breakfast Club 24 10:00- Did You Know... 11:10 - Exercise with Tracy Lunch: Reflections 1:15-Beccas Corner</p>	<p>Catch up on things 25 Visit a neighbor Play a game/cards</p>
<p>2:30 Chapel Service 26 Rev. Curtis Paul II Newlonsburg Presbyterian Church, Murrysville</p>	<p>10:00- DIETARY TALK 27 First 15 min./Hot Choc. Social 11:10- Exercise Lunch: Reflections 1:30-Sort Chips 2:00- Love Bingo</p>	<p>8:00-Breakfast Club 28 9:30-King Cake - Highlanders 11:00- Exercise 2:00-Parade/Mardi Gras Party - Highlanders</p> <p>WEAR SOMETHING, GREEN, PURPLE, YELLOW</p> <p><small>Mardi Gras</small></p>	 <p style="text-align: center;">February 2017</p> <p style="text-align: center;">CALENDAR SUBJECT TO CHANGE ON RESIDENTS REQUEST PERSONAL CARE</p>			

Birthdays: Carol P., 12th

