







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<b>2:30 Chapel Service 5</b> <b>Rev. Charles MacPherson, Retired</b> <b>First Presbyterian Church,</b> <b>Murrysville</b>	10:00 Muscle Toning-C 6 10:30 Full Body Stretch-C 1:00 Crochet Club-G 1:00 Wii Bowling and 500 Cards-AC 7:00 Cards & Games-AC	<b>11:00 Community Worship and Celebration of Life-Chapel</b> 12:00 Mah-Jongg-1 12:30 Men's Club-H <b>1:00 Change Your Brain Masters Course-AC</b> <b>2:30 Craft Corner-AC</b> 7:00 Cards & Games-AC	10:00 Healthy Hands-C 8 10:30 Better Balance-C <b>1:30 Catholic Worship-C</b> 3:30 Choir Practice-C 7:00 Bingo-AC	<b>9:30 Grocery Trip-ML 2</b> <b>1:00 Members Only-Resident Council Meeting</b> <b>2:00 Resident Management Meeting-(Open to All Residents)-Chapel</b> 7:00 Dominoes- AC	<b>10:00 Seated Yoga-C 3</b> 11:00 Blood Pressure Clinics-Medical Suite <b>12:45 Westmoreland Mall Trip-ML</b> 2:00 Bingo-AC	<b>1:00 Movie Matinee 4</b> <b>Arts and Crafts Room</b> Residents Choice
<b>2:30 Chapel Service 12</b> <b>Pastor Dan Lawrence</b> <b>Murrysville Alliance Church,</b> <b>Murrysville</b>	10:00 Muscle Toning-C13 10:30 Full Body Stretch-C 1:00 Crochet Club-G 1:00 Wii Bowling and 500 Cards-AC <b>2:00 Trina Janura's Valentine Affair-C</b> 7:00 Cards & Games-AC	10:00 Food Committee-PDR 14 12:00 Mah-Jongg-1 <b>1:00 Change Your Brain Masters Course-AC</b> <b>2:00 Valentine's Day Social-Highlanders</b> 7:00 Cards & Games-AC <b>Valentine's Attire Day</b> Valentine's Day	10:00 Healthy Hands-L 15 10:30 Better Balance-L 11:30 Cooking Demo-AC 1:00 Spiritual Life Meeting-3 <b>1:30 Catholic Worship-C</b> 3:30 Choir Practice-C 7:00 Bingo-AC	<b>9:30 Grocery Trip-ML 16</b> 1:00 Wii Bowling and 500 Card Game-AC <b>2:00 Pittsburgh Zoo-"One Wild Place"-C</b> <b>5:00 Bella Luna Restaurant-Trip-ML</b> 7:00 Dominoes- AC	<b>10:00 Seated Yoga-C 17</b> 11:00 Blood Pressure-MS <b>12:45 Aldi's-Trip-ML</b> 4:00 Social Hour-AC	<b>1:00 Movie Matinee 18</b> <b>Arts and Crafts Room</b> Residents Choice
<b>2:30 Chapel Service 19</b> <b>Rev. Joseph Hedden</b> <b>Emmanuel Reformed U.C.C.,</b> <b>Export</b>	10:00 Muscle Toning-C 20 10:30 Full Body Stretch-C 1:00 Crochet Club-G 1:00 Wii Bowling and 500 Cards-AC <b>1:00 Symphony East-C</b> 7:00 Cards & Games-AC <small>Presidents' Day (US)</small>	<b>11:00 Worship and Communion-Chapel 21</b> 11:30 to 1:00 Super Foods on Display-Veranda DR 12:00 Mah-Jongg-1 <b>1:00 Change Your Brain Masters Course-AC</b> 3:00 Book Club-4 7:00 Cards & Games-AC	10:00 Healthy Hands-C 22 10:30 Better Balance-C <b>11:00 Coffeehouse Chat with a Snack -Highlanders</b> <b>1:30 Catholic Worship-C</b> <b>2:30 History Presentation with Lisa-Highlanders</b> 3:30 Choir Practice-C <b>4:30 Max &amp; Erma's-Trip_ML</b> 7:00 Bingo-AC	<b>9:30 Grocery Trip-ML 23</b> 1:00 Wii Bowling and 500 Card Game-AC 3:00 Farkle-H 7:00 Dominoes- AC	<b>10:00 Aeroba Dance-A24</b> 11:00 Blood Pressure Clinics-Medical Suite <b>12:45 Trader Joe's-Trip-ML</b> 1:30 Color Thyme-AC	<b>1:00 Movie Matinee 25</b> <b>Arts and Crafts Room</b> Residents Choice
<b>2:30 Chapel Service 26</b> <b>Rev. Curtis Paul II</b> <b>Newlonsburg Presbyterian Church,</b> <b>Murrysville</b>	10:00 Muscle Toning-C27 10:30 Full Body Stretch-C 1:00 Crochet Club-G 1:00 Wii Bowling and 500 Cards-AC 7:00 Cards & Games-AC	<b>9:30 Mardi Gras King Cake-Highlanders 28</b> 12:00 Mah-Jongg-1 <b>1:00 Change Your Brain Masters Course-AC</b> <b>2:00 Mardi Gras Parade and Party-H</b> 7:00 Cards & Games-AC <small>Mardi Gras Celebration Day</small>		<h1>February 2017</h1> <h2>Murrysville Veranda</h2>		
<small>G-Ground Floor AC-Arts and Crafts Room 1-First Floor Card Room 2-Second Floor Card Room 3-Third Floor Card Room 4-Fourth Floor Card Room C-Chapel PDR-Private Dining Room ML-Main Lobby H-Highlanders MS-Medical Suite VDR- Veranda Dining Room</small>						

Calendar is Subject to Change. **RED** (Off Campus Events), please sign-up in the Event Binder outside the front office.

**Murrysville Veranda  
February 2017**

**Off Campus Events:**

Please sign-up for these trips in the Event Binder outside the Main office.

**Shopping: Fridays**

February 3rd.....Westmoreland Mall, bus departs at 12:45pm

February 10th....Walmart, bus departs at 12:45pm

February 17th.....Aldi's, bus departs at 1:30pm

February 24th.....Trader Joes, bus departs at 12:30

**Grocery Shopping/Bank:**

Every Thursday morning at 9:30am. February 2, 9, 16, 23.

**Committee Meetings:**

**Lifestyle Committee:**

Wednesday, February 1st at 2:30pm in the Fourth floor card room.

**Resident Council:** Thursday, February 2nd, *Members Only* at 1:00pm.

**Residential Management Meeting:** Thursday, February 2nd, 2:00pm in the chapel.

**Food Committee:** Tuesday, February 14th, 10:00am in the Private Dining Room.

**Spiritual Life Committee:**

Wednesday, February 15th, 1:00pm in the Third Floor Card Room.

**Book Club:** Tuesday, February 21st, at 3:00pm in the Fourth floor card room.

**Bible Study:** Fridays at 1:00pm in the Second floor card room. Check your calendar for changes.

**Choir Practice:** Every Wednesday in the Chapel at 3:30pm, unless otherwise notified.

**On Campus Events:**

**Social Hour:** Friday, February 17th at 4:00pm in the Arts and Crafts Room! Get together with your neighbors and friends and enjoy some light refreshments.

**Bingo:** Friday, February 3rd at 2:00pm in the Arts and Crafts Room. We play for an hour and have many laughs. Come down for a chance to yell out Bingo and to win some dove dollars!!

**Nickel Game:** Friday, February 10th at 3:00pm in the Highlanders. Bring your nickels and have some fun! If you don't know how to play, you can learn as you play. Level of play is easy!! Join us!!

**Farkle:** Thursday, February 23rd at 3:00pm in the Highlanders.

**New: Lecture on "Change Your Brain Masters Course":** Tuesdays in the Arts and Crafts Room at 1:00pm. Check your calendar for dates and times. We are listening to Daniel Amen on "Change Your Brain". Daniel Gregory Amen is an American psychiatrist, a brain disorder specialist, director of the Amen Clinics, and a ten-time New York Times bestselling author. "You are not stuck with the brain you have. You can make it better." –Daniel G. Amen, MD

**Craft Corner:** Tuesday, February 7th at 2:30pm in the Arts and Crafts Room. We will be making Heart-Felt tissue holders.

**Coffeehouse Chat with a Snack:** Wednesday, February 22nd at 11:00am in the Highlanders. Come down, get a treat and stay for the conversation!

**500 Card Game:** Mondays and Thursdays at 1:00pm in the Arts and Crafts Room. Join us in the game of 500. Four players are needed to a table.

**Color Thyme:** Friday, February 24th at 1:30pm in the Arts and Crafts Room. Come and color adult coloring sheets. Enjoy a relaxing blend of art, music and companionship.

**Trina Janura's Valentine Affair:** Monday, February 13th at 2:00pm in the Chapel. Trina's one-woman musical act embodies many performance talents. Her shows are each original and unique, visual and versatile, lively and spontaneous, energetic and interactive, serious and comedic. You are bound to see a whirlwind of costumes and props, as well. For Valentine's Day, you will see Trina as the Queen of Hearts, Marilyn Monroe and Stupid Cupid!!

**Valentine's Day Party:** Tuesday, February 14th at 2:00pm in the Highlanders. Join your neighbors and friends for an all campus social in the Highlanders and enjoy a delicious Valentine's treat!!

**Symphony East:** Monday, February 20th at 1:00pm in the Chapel. All are welcome.

**History Presentation with Lisa:** Wednesday, February 22nd at 2:30pm in the Highlanders. Join us for some history and have some popcorn!!

**Mardi Gras King Cake, Parade and Party:** Tuesday, February 28th. The King Cake will be served in the Highlanders at 9:30am. If you get the piece of cake that has the baby in it, you will be the Honorable King or Queen for the day in the Mardi Gras Parade!! You will be escorted thru the hallways in the parade that is held at 2:00pm. Immediately following the parade is the Mardi Gras party with food and beverages in the Highlanders.

**Off Campus Trips:**

Please sign-up for these trips in the Event Binder outside the Main office. Sign-ups and cancellations need to be made 48 hours in advance.

**If you have any ideas or information for an upcoming trip, give the information to a Lifestyle Committee member listed under the birthdays. Please keep in mind, the trips are planned a month in advance to secure transportation.**

**Applebee's Restaurant:**

Wednesday, February 1st, bus to depart from the main lobby at 5:00pm. Close to home! Night out with friends!

Cost: Your meal.



**Atria's Restaurant:**

Thursday, February 9th bus to depart from main lobby at 5:00pm. Warm American eatery offering dishes including steaks, pastas, burgers and seafood plus a full bar. Located in Murrysville.



**Bella Luna Trattoria Restaurant:** Thursday, February 16th, bus to depart at 5:00pm. Bella Luna is an Italian/American restaurant/bar established in 1995 and is located on the Monroeville, Murrysville border. They cook with both a wood fire pizza oven and a wood fired grill with top quality ingredients.



**Max & Erma's:** Wednesday, February 22nd, bus to depart from main lobby at 4:30pm. Max & Erma's is located in Monroeville. Max and Erma's have anything and everything.



**February Birthdays**

**Veranda Residents:**

February 7 Lois Alworth

February 11 Muff Arnold

February 14 Paul Schroeder

February 17 William Kane

February 19 Betty Borgo

February 22 Sharon Scimio

February 27 Carol Woodward

**Courtyard Residents:**

February 5 Aurelia Cavanaugh

February 12 Carol Pollack

**Terrace Residents:**

**Staff Birthdays:**

February 8 David Korenoski

February 8 Derrek Wieland

February 14 Linda Hodge

February 20 Skylar Warner

February 27 Cynthia Saxberg

**Lifestyle Committee Members**

Shirley Furman/Chairman

Muff Arnold

Eleanor Fulton

Barbara Carr

Pat Martig

Connie Meyers

Jack Meyers

