

February

2020




FOR RESERVATIONS PLEASE CALL
724-864-1429

NORTH HUNTINGDON CAMPUS
12921 Redstone Drive
North Huntingdon, PA 15642

REDSTONE COLONIAL ESTATES
772 Frontier Drive
North Huntingdon, PA 15642



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|--|---|-----|
| PLEASE SEE FLIP SIDE FOR IMPORTANT INFORMATION | | | | | | |
| 2  GROUNDHOG DAY | 3 Exercise 8:30/9:00 am | 4 Exercise 8:30/9:00 am Zumba 10:00 am | 5 | 6 Exercise 8:30/9:00 am Great Courses 1:30 pm | 7 Resident outing to River's Casino for those who signed up 10:00 am departure | 8 |
| 9 | 10 Exercise 8:30/9:00 am Taska 10:00 am (Library) | 11 Exercise 8:30/9:00 am Zumba 10:00 am Charlene 5:00 pm | 12 Parkinson's Support Group 1:00 pm | 13 Exercise 8:30/9:00 am Great Courses 1:30 pm Happy Hour 5:00 pm | 14 Men's Club 12:00 noon <i>Happy Valentine's Day</i> Parkinson's Caregivers 1:00 pm | 15 |
| 16 | 17 Exercise 8:30/9:00 am Villa Women (tbd) | 18 Exercise 8:30/9:00 am Zumba 10:00 am | 19 Community Meeting 10:00 am | 20 Exercise 8:30/9:00 am COO Chat 10:30 am Great Courses 1:30 pm | 21 Book Club 2:00 pm | 22 |
| 23 | 24 Exercise 8:30/9:00 am Games & Gab 1:00 pm | 25 Exercise 8:30/9:00 am Zumba 10:00 am | 26 Lunch Bunch 12:00 noon <i>Ash Wednesday</i> | 27 Exercise 8:30/9:00 am Private Meeting 1:00 pm Great Courses 1:30 pm (Arts & Crafts) | 28 | 29 |

Redstone Highlands – RCE Residents – February 2020

RESERVATIONS ARE NECESSARY FOR:

- **2/14 Men's Club – reservation deadline is February 10th**
- **2/19 Community Meeting**
- **2/20 COO Chat**
- **2/26 Lunch Bunch – reservation deadline is February 19th**

Arrangements for food and seating will be made for those that make reservations. Your cooperation and understanding of the importance of those reservations is appreciated. If you make a reservation and need to cancel, please do so as soon as possible. Thank you!!!!

Please note that Great Courses will meet in the Apartment Building Arts & Crafts room on Thursday, February 27th.

ZUMBA – If you attend Zumba regularly, please let Pam know if you will NOT be here a particular week. Otherwise, you have a standing reservations. If you want to attend

Zumba, please let Pam know so that she can add your name to the list.

LUNCH BUNCH

The speaker this month will be Mr. Chris Rodell. Mr. Rodell is an author from Latrobe and he will be speaking about his latest book, Growing Up in the Real Mister Rogers' Neighborhood: Life Lessons from the Heart. If you recall, Mr. Rodell spoke at a previous Lunch Bunch about his book on Arnold Palmer. There may be a chance to purchase a book if you like, so you might want to be prepared to do so. **Reservation deadline is Wednesday, February 19th!**