



Event Calendar

January 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
L=Lobby C=Chapel AC=Arts and Crafts H=Highlanders 2=Second Floor Parlor 3=Third Floor Pool Room					Happy New Year! 2:00 PM Meditation	1 Call a friend! 2
3 8:30 AM St. Agnes Roman Catholic Church 9:30 AM First Presbyterian Church in Irwin 9:50 AM St. Stephen's Byzantine Church 2:00 PM Worship on Chanel 958	4 10:00 AM Craft Time 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM Third Floor Hall Activity 2:00 PM Catholic Rosary	5 9:30 AM Grocery Shopping 1 10:30 AM Grocery Shopping 2 11:00 AM Better Balance 11:30 AM First National/S & T Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses 2:30 PM Sing Along with a CD	6 11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 11:30 AM Social Committee is canceled until further notice 1:00 PM Bible Study 3:00 PM Walk & Talk	7 11:00 AM Spiritual Life Committee - AC-Canceled 11:00 AM Resistance Training 1:00 PM Second Floor Hall Activity 2:00 PM BINGO	8 10:00 AM Science Friday 1:00 PM First Floor Hallway Activity 2:00 PM Catholic Communion	9 Read a good book!
10 8:30 AM St. Agnes Roman Catholic Church 9:30 AM First Presbyterian Church in Irwin 9:50 AM St. Stephen's Byzantine Church 2:00 PM Worship on Chanel 958	11 10:00 AM Craft Time 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM Third Floor Hall Activity 2:00 PM Catholic Rosary	12 9:30 AM Grocery Shopping 1 10:30 AM Grocery Shopping 2 11:00 AM Better Balance 11:30 AM First National/S & T Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses 2:30 PM Sing Along with a CD	13 11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 1:00 PM Bible Study 3:00 PM Walk & Talk	14 11:00 AM Resistance Training 1:00 PM Second Floor Hall Activity 1:30 PM Food Meeting - AC is canceled until further notice 2:00 PM BINGO	15 10:00 AM Donut Bar 11:00 AM Exercise Class 1:00 PM First Floor Hallway Activity 2:00 PM Meditation	16 Take a walk around the building!
17 8:30 AM St. Agnes Roman Catholic Church 9:30 AM First Presbyterian Church in Irwin 9:50 AM St. Stephen's Byzantine Church 2:00 PM Worship on Chanel 958	18 10:00 AM Craft Time 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM Third Floor Hall Activity 2:00 PM Catholic Communion	19 9:30 AM Grocery Shopping 1 10:30 AM Grocery Shopping 2 11:00 AM Better Balance 11:30 AM First National/S & T Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses 2:30 PM Sing Along with a CD	20 11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 1:00 PM Bible Study 3:00 PM Walk & Talk	21 9:30 AM Catholic Service is canceled until further notice 11:00 AM Resistance Training 1:00 PM Second Floor Hall Activity 2:00 PM BINGO	22 10:00 AM Charades-AC 11:00 AM Exercise Class 1:00 PM First Floor Hallway Activity 2:00 PM Meditation	23 Watch a movie!
8:30 AM St. Agnes Roman Catholic Church 9:30 AM First Presbyterian Church in Irwin 9:50 AM St. Stephen's Byzantine Church 2:00 PM Worship on Chanel 958	25 10:00 AM Craft Time 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM Third Floor Hall Activity 1:00 Target/Walmart 2:00 PM Catholic Rosary	26 9:30 AM Grocery Shopping 1 10:30 AM Grocery Shopping 2 11:00 AM Better Balance 11:30 AM First National/S & T Bank Trip 1:30 PM Max Memory 1:30 PM Great Courses 2:30 PM Sing Along with a CD	26 11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move and Groove 1:00 PM Bible Study 3:00 PM Walk & Talk	29 11:00 AM Resistance Training 1:00 PM Second Floor Hall Activity 2:00 PM BINGO	29 10:00 AM Muffin Bar-LB 11:00 AM Exercise Class 1:00 PM First Floor Hallway Activity 2:00 PM Meditation	30 Write a letter!
31 8:30 AM St. Agnes Roman Catholic Church 9:30 AM First Presbyterian Church in Irwin 9:50 AM St. Stephen's Byzantine Church 2:00 PM Worship on Chanel 958		