

# Event Calendar

# Murrysville

# January 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<i>Happy New Year!!</i> 	1 2 Read a Good Book
3 1:00 PM Pittsburgh Steelers at Cleveland 2:30 PM Chapel Services	4 10:00 AM Move & Groove 10:30 AM Better Balance 2:00 PM Craft Corner- Latch Hook Kit Group A	5 10:00 Muscles in Motion 10:30 AM Yoga 2:00 PM Craft Corner- Latch Hook Kit- Group B 2:00 PM Bible Study	6 10:00 AM Move and Groove 10:30 AM Better Balance 1:30 PM Cancelled Rosary 2:30 PM Lifestyle Committee Meeting - Members Only	7 8:30 AM Trip A- Giant Eagle Shopping 9:30 AM Trip B - Giant Eagle/ Bank/ Rite Aid 10:15 AM Wii Bowling 10:30 AM Yoga 10:30 AM Trip C - Giant Eagle Shopping 11:30 AM Blood Pressure Clinic 2:00 PM Bible Study	8 10:00 AM Move and Groove 10:30 AM Better Balance 12:45 AM Walmart Trip 2:00 PM Memory & Conversation Class	9 Call a friend!
10 2:30 PM Chapel Services	11 10:00 AM Move and Groove 10:30 AM Better Balance 1:30 PM Bingo	12 10:00 AM Food Committee 10:00 Muscles in Motion 10:30 AM Yoga 11:00 AM Birthday Donuts!! 2:00 PM Craft Corner- Latch Hook Kit Group B 2:00 PM Bible Study	13 10:00 AM Move and Groove 10:30 AM Better Balance 1:30 PM Rosary 2:00 PM Craft Corner- Latch Hook Kit Group A	14 8:30 AM Trip A- Giant Eagle Shopping 9:30 AM Trip B - Giant Eagle/ Bank/ Rite Aid 10:15 AM Wii Bowling 10:30 AM Yoga 10:30 AM Trip C - Giant Eagle Shopping 11:30 AM Blood Pressure Clinic 2:00 PM Bible Study	15 10:00 AM Move and Groove 10:30 AM Better Balance 11:30 AM Aldi's Trip 2:00 PM Memory & Conversation Class	16 Talk a walk in the hallways!
17 2:30 PM Chapel Services	18 10:00 AM Move and Groove 10:30 AM Better Balance 11:00 AM Trivia Questions and Answers 2:00 PM Book Club Meeting/ Members Only	19 10:00 Muscles in Motion 10:30 AM Yoga 2:00 PM Craft Corner- Latch Hook Kit- Group B 2:00 PM Bible Study	20 10:00 AM Move and Groove 10:30 AM Better Balance 11:15 AM Popcorn! 1:30 PM Rosary 2:00 PM Craft Corner- Latch Hook Kit Group A	21 8:30 AM Trip A- Giant Eagle Shopping 9:30 AM Trip B - Giant Eagle/ Bank/ Rite Aid 10:15 AM Wii Bowling 10:30 AM Yoga 10:30 AM Trip C - Giant Eagle Shopping 11:30 AM Blood Pressure Clinic 12:30 TAI CHI/ MEDITATION 2:00 PM Bible Study	22 10:00 AM Move and Groove 10:30 AM Better Balance 12:45 AM Cancelled Westmoreland Mall Trip 2:00 PM Memory & Conversation Class	23 Take a nap!
24 2:30 PM Chapel Services	25 10:00 AM Move and Groove 10:30 AM Better Balance 1:30 PM Bingo	26 10:00 Muscles in Motion 10:30 AM Yoga 2:00 PM Craft Corner- Latch Hook Kit Group B 2:00 PM Bible Study	27 10:00 AM Move and Groove 10:30 AM Better Balance 11:00 AM Hall Cart 1:30 PM Rosary 2:00 PM Craft Corner- Latch Hook Kit Group A	28 8:30 AM Trip A- Giant Eagle Shopping 9:30 AM Trip B - Giant Eagle/ Bank/ Rite Aid 10:15 AM Wii Bowling 10:30 AM Yoga 10:30 AM Trip C - Giant Eagle Shopping 11:30 AM Blood Pressure Clinic 2:00 PM Bible Study	29 10:00 AM Move and Groove 10:30 AM Better Balance 2:00 PM Memory and Conversation Class	30 Write a letter! 
31 2:30 PM Chapel Services						

