



Event Calendar

August 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>9:30 AM Grocery/Bank Trip 10:15 AM Morning Walking 11:00 AM Wii Bowling 11:30 AM Blood Pressure Clinic 1:00 PM 500 Card Game 1:00 PM Resident Council Meeting 3:00 PM Choir Rehearsal</p>	<p>10:00 AM Move and Groove 10:30 AM Balance and Stretch 11:00 AM Campus Chat for First Floor and Ground Floor Residents 3:30 PM Social Hour 5:00 PM Fresh Easy Delicious (FED) take home meal order pick up 6:30 PM Games</p>	<p>Read a Good Book</p>
<p>2:30 PM Chapel Services/ Rev. Roger Steiner</p>	<p>4 10:00 AM Head to Toe Movement 10:30 AM Full Body Stretch 11:15 AM New: Great Courses on The Aging Brain 1:00 PM Crochet Club 1:00 PM 500 Card Game 2:00 PM Sing along with Cara Rozgonyi 3:45 PM Drumstix Aerobic Exercise 7:00 PM Cards and Games</p>	<p>5 10:15 AM Morning Walking 11:15 AM Farkle 12:30 PM Men's Club 2:00 PM Bible Study 4:30 PM Trip-Falsetti's Villa Restaurant 7:00 PM Cards and Games</p>	<p>6 10:00 AM Move and Stretch 10:30 AM Seated and Standing Balance 1:30 PM Catholic Worship 2:30 PM Lifestyle Committee Meeting 7:00 PM Bingo 7:00 PM Alabaster Children's Theatre</p>	<p>7 9:30 AM Grocery/Bank Trip 10:15 AM Morning Walking 11:00 AM Wii Bowling 11:30 AM Blood Pressure Clinic 1:00 PM 500 Card Game 1:30 PM Farmers Market 3:00 PM Choir Rehearsal</p>	<p>8 9:30 AM Tai Chi 10:00 AM Move and Groove 10:30 AM Balance and Stretch 11:00 AM Campus Chat for Fourth Floor Residents 12:45 PM Walmart Trip 3:30 PM Social Hour 6:30 PM Games</p>	<p>9 1:00 PM Trip-Saint Vincent College-Always Patsy Cline</p>
<p>11 2:30 PM Chapel Services/Pastor Dan Lawrence</p>	<p>12 Birthday Dessert Bar 10:00 AM Head to Toe Movement 10:30 AM Full Body Stretch 11:15 AM New: Great Courses on The Aging Brain 1:00 PM Crochet Club 1:00 PM 500 Card Game 2:00 PM Entertainer Jack Martin 3:45 PM Drumstix Aerobic Exercise 7:00 PM Cards and Games</p>	<p>13 10:00 AM Food Committee Meeting 10:00 AM Trip-Rivers Casino 10:15 AM Morning Walking 1:00 PM Nickel Game 2:00 PM Bible Study 7:00 PM Cards and Games</p>	<p>14 10:00 AM Move and Stretch 10:30 AM Seated and Standing Balance 11:00 AM Refresher Class for CATIE 1:30 PM Catholic Worship 3:00 PM RSVP - Champagne Bar 4:30 PM Trip-Sunset Cafe 7:00 PM Bingo</p>	<p>15 9:30 AM Grocery/Bank Trip 10:15 AM Morning Walking 11:00 AM Wii Bowling 11:30 AM Blood Pressure Clinic 1:00 PM 500 Card Game 3:00 PM Choir Rehearsal</p>	<p>16 8:30 AM Trip-Emmanuel Reformed Church 10:00 AM Move and Groove 10:30 AM Balance and Stretch 11:00 AM Campus Chat for Second Floor Residents 11:30 AM Aldi's Trip 3:30 PM Social Hour 5:00 PM Fresh Easy Delicious (FED) take home meal order pick up 6:30 PM Games</p>	<p>17 Play some Pac-Man on the machine.</p>
<p>18 2:30 PM Chapel Services/ Rev. Vance Torbert, Pastor Emeritus</p>	<p>19 10:00 AM Head to Toe Movement 10:30 AM Full Body Stretch 11:15 AM New: Great Courses on The Aging Brain 1:00 PM Crochet Club 1:00 PM 500 Card Game 3:45 PM Drumstix Aerobic Exercise 7:00 PM Cards and Games</p>	<p>20 10:15 AM Morning Walking 11:00 AM Worship and Communion 1:00 PM Turkeyfoot 2:00 PM Bible Study 3:30 PM Book Club 4:30 PM Trip-DeNunzios in Latrobe 7:00 PM Cards and Games</p>	<p>21 10:00 AM Move and Stretch 10:30 AM Seated and Standing Balance 1:30 PM Catholic Worship 2:00 PM No Spiritual Life Committee Meeting 3:30 PM History Presentation with Lisa 7:00 PM Bingo</p>	<p>22 9:30 AM Grocery/Bank Trip 10:15 AM Morning Walking 11:00 AM Wii Bowling 11:30 AM Blood Pressure Clinic 1:00 PM 500 Card Game 1:30 PM Farmers Market 2:00 PM Steve Tori- musical entertainer 3:00 PM Choir Rehearsal 4:00 PM By Invitation Only- Wine and Music</p>	<p>23 9:30 AM Tai Chi 10:00 AM Move and Groove 10:30 AM Balance and Stretch 11:00 AM Campus Chat for Third Floor Residents 12:45 PM Westmoreland Mall Trip 3:30 PM Social Hour 6:30 PM Games</p>	<p>24 Try your skills on the Pin ball machine.</p>
<p>25 2:30 PM Chapel Services/Rev. Curtis Paul II</p>	<p>26 10:00 AM Head to Toe Movement 10:30 AM Full Body Stretch 1:00 PM Crochet Club 1:00 PM 500 Card Game 3:45 PM Drumstix Aerobic Exercise 7:00 PM Cards and Games</p>	<p>27 10:15 AM Morning Walking 2:00 PM Bible Study 4:30 PM Trip-China Palace 7:00 PM Cards and Games</p>	<p>28 10:00 AM Move and Stretch 10:30 AM Seated and Standing Balance 1:30 PM Catholic Worship 7:00 PM Bingo</p>	<p>29 9:30 AM Grocery/Bank Trip 10:15 AM Morning Walking 11:00 AM Wii Bowling 11:30 AM Blood Pressure Clinic 1:00 PM 500 Card Game 3:00 PM Choir Rehearsal</p>	<p>30 10:00 AM Move and Groove 10:30 AM Balance and Stretch 11:30 AM Trip-Waterfront Charming Charlies 3:30 PM Social Hour 5:00 PM Fresh Easy Delicious (FED) take home meal order pick up 6:30 PM Games</p>	<p>31 Visit a friend.</p>

