

March

2020



FOR RESERVATIONS PLEASE CALL
724-864-1429

NORTH HUNTINGDON CAMPUS
12921 Redstone Drive
North Huntingdon, PA 15642

REDSTONE COLONIAL ESTATES
772 Frontier Drive
North Huntingdon, PA 15642



YouGetUs.com   

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Resident Exercise 8:30/9:00 am	3 Resident Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 & 2:30 pm	4	5 Resident Exercise 8:30/9:00 am Great Courses 1:30 pm	6 Resident Outing to Phipp's Conservatory Marketing Event 12:00 noon	7
8 	9 Resident Exercise 8:30/9:00 am	10 Resident Exercise 8:30/9:00 am Zumba 10:30 am Charlene 5:00 pm Delay the Disease 1:00 & 2:30 pm	11 Parkinson's Support Group 1:00 pm	12 Resident Exercise 8:30/9:00 am Great Courses 1:30 pm Happy Hour 5:00 pm	13 Men's Club 12:00 noon Parkinson's Caregivers 1:00 pm	14
15	16 Resident Exercise 8:30/9:00 am Villa Women (tbd)	17 Resident Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 & 2:30 pm	18 Community Management Meeting 10:00 Seniors for Safe Driving 12:30 pm	19 Resident Exercise 8:30/9:00 am Great Courses 1:30 pm	20 Book Club 2:00 pm 	21
22	23 Resident Exercise 8:30/9:00 am	24 Resident Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 & 2:30 pm	25 Lunch Bunch 12:00 noon	26 Resident Exercise 8:30/9:00 am Great Courses 1:30 pm (A&C) Corporate Meeting 1:00 pm	27	28
29	30 Resident Exercise 8:30/9:00 am Games & Gab 1:00 pm	31 Resident Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 & 2:30 pm	MORE INFORMATION ON REVERSE SIDE OF CALENDAR.			

Redstone Highlands – North Huntingdon Villas – March 2020

RESERVATIONS ARE NECESSARY FOR THE FOLLOWING:

MEN'S CLUB – 3/13

COMMUNITY MANAGEMENT MEETING – 3/18

LUNCH BUNCH – 3/25

Again, Pam is respectfully asking that you sign up in advance for events. And, if you need to cancel, please let her know in advance if possible.

LUNCH BUNCH

An educator from the Frick will be here with their “From Horse and Carriage to Horseless Carriage” presentation. The Frick always brings us interesting, educational, and informative presentations and discussions. Make sure you call in your reservation so that there will be a seat for you! Lunch will be served prior to the presentation.

All activities at the Clubhouse are on this calendar. Some of them are private and are listed just so that you know when things are occurring in the building. No matter what is going on in the Clubhouse, you always have access to the office and the Fitness Center.

If you wish to attend the Seniors for Safe Driving class, register with them directly at 1-800-559-4880. They charge a fee that you will pay directly to them upon registration.

Great Courses will meet at the Apartment Building on Thursday, March 26th.

In observance of Lent, fish and chips will be served @ Men's Club instead of the usual burgers.

The Delay the Disease program is strictly for those with Parkinson's and you will need to have been pre-registered.