


Event Calendar

September 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		8:30 AM Grocery Shopping 1 9:30 AM Grocery Shopping 2 10:30 AM Grocery Shopping 3 11:00 AM Better Balance-C 11:30 AM Bank trip to First National and S&T-Lobby 1:30 PM Great Courses-C 3:00 PM Sing Along with a CD	11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move & Groove-C 11:30 AM Full Body Stretch-C 1:00 PM Bible Study-2	11:00 AM Resistance Training-C 1:00 PM Second Floor Hall Activity 2:00 PM BINGO-2	10:00 Morning Walk with JoAnne-Lobby 1:00 First Floor Hall Activity 1:30 Third Floor Hall Activity 2:00 PM Meditation-Chapel	Call a friend!
2:30 PM Worship- Chanel 958	Happy Labor Day! 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 2:00 PM Rosary	8:30 AM Grocery Shopping 1 9:30 AM Grocery Shopping 2 10:30 AM Grocery Shopping 3 11:00 AM Better Balance-C 11:30 AM Bank Trip to PNC and Niagara-LB 1:30 PM Great Courses-C 3:00 PM Sing Along with a CD 4:00 PM Rodney's for Dinner-LB	10:30 First Floor Hall Activities 11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move & Groove-C 11:30 AM Full Body Stretch-C 1:00 PM Bible Study-2 2:00 Third Floor Hall Activity 3:00 PM Walk & Talk	11:00 AM Resistance Training-C 1:00 PM Second Floor Hall Activity 2:00 PM BINGO-2	2:00 PM Meditation	Enjoy some porch time!
Happy Grandparents Day! 2:30 PM Worship- Chanel 958	Craft will be on Thursday this week! 10:30 AM Walking Club at Indian Lake 11:00 AM Full Body Stretch-C 11:30 AM Yoga/Pilates-C 2:00 PM Rosary-C	8:30 AM Grocery Shopping 1 9:30 AM Grocery Shopping 2 10:30 AM Grocery Shopping 3 10:30 AM First Floor Hall Activity 11:00 AM Better Balance-C 11:30 AM Bank Trip to First National and S&T-LB 11:30 AM Third Floor Hall Activity 1:30 PM Great Courses-C	11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move & Groove-C 11:30 AM Full Body Stretch-C 1:00 PM Bible Study 3:00 PM Walk & Talk	10:30 AM Craft Time-AC 11:00 AM Resistance Training-C 1:00 PM Second Floor Hall Activity 2:00 PM BINGO-2	2:00 PM Meditation-C	Write a letter!
2:30 PM Worship-Chanel 958	10:00 AM Craft Time-AC 10:30 AM Walking Club at Indian Lake-Lobby 11:00 AM Full Body Stretch 11:30 AM Yoga/Pilates 1:00 PM Target/Walmart-LB 2:00 PM Rosary	8:30 AM Grocery Shopping 1 9:30 AM Grocery Shopping 2 10:30 AM Grocery Shopping 3 11:00 AM Better Balance-C 11:30 AM Bank Trip to PNC and Niagara 1:30 PM Great Courses-C 3:00 PM Sing Along with a CD 4:00 PM Abruzzi's for Dinner-LB	11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move & Groove-C 11:30 AM Full Body Stretch-C 1:00 PM Bible Study-2 3:00 PM Walk & Talk	11:00 AM Resistance Training-C 1:00 PM Second Floor Hall Activity 2:00 PM BINGO-2	10:00 AM Morning Walk with JoAnne 1:00 PM First Floor Hallway Activity 1:30 PM Third Floor Hallway Activity 2:00 PM Meditation	Listen to your favorite music!
2:30 PM Worship-Chanel 958	10:00 AM Craft Time-AC 10:30 AM Walking Club to Indian Lake-Lobby 11:00 AM Full Body Stretch 11:00 AM Yoga/Pilates 1:00 PM Travelling Treats 2:00 PM Rosary	8:30 AM Grocery Shopping 1 9:30 AM Grocery Shopping 2 10:30 AM Grocery Shopping 3 11:00 AM Better Balance-C 11:30 AM Bank Trip to First National and S&T 1:30 PM Great Courses-C 3:00 PM Sing Along with a CD	11:00 AM Clinic with Nurse in Medical Suite 11:00 AM Move & Groove 11:30 AM Full Body Stretch 1:00 PM Bible Study 3:00 PM Walk & Talk		C=Chapel 2=Second Floor Parlor AC=Arts & Crafts LB=Lobby DR=Dining Room 3=Third Floor Pool Room	