

# July

2019



FOR RESERVATIONS PLEASE CALL  
724-864-1429

NORTH HUNTINGDON CAMPUS  
12921 Redstone Drive  
North Huntingdon, PA 15642

REDSTONE COLONIAL ESTATES  
772 Frontier Drive  
North Huntingdon, PA 15642



YouGetUs.com   

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Exercise 8:30/9:00 am  Seniors for Safe Driving 12:30 pm	<b>2</b> Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 pm	<b>3</b>	<b>4</b> 	<b>5</b> Outing to Beauty & the Beast for those who have signed up & paid 6:00 pm departure	<b>6</b>
<b>7</b>	<b>8</b> Exercise 8:30/9:00 am  Taska Book Club 10:00 am	<b>9</b> Exercise 8:30/9:00 am  Zumba 10:30 am	<b>10</b> Parkinson's Support Group 1:00 pm	<b>11</b> Exercise 8:30/9:00 am Great Courses 1:30 pm Happy Hour 5:00 pm	<b>12</b> Men's Club (AB) 12:00 noon  Parkinson's Caregivers 1:00 pm	<b>13</b>
<b>14</b>	<b>15</b> Exercise 8:30/9:00 am  Villa Women (TBD)	<b>16</b> Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 pm	<b>17</b> Community Management Meeting 10:00 am	<b>18</b> Exercise 8:30/9:00 am  Great Courses 1:30 pm	<b>19</b> Book Club 2:00 pm	<b>20</b>
<b>21</b>	<b>22</b> Exercise 8:30/9:00 am  Parkinson's Social 1:00 pm	<b>23</b> Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 pm	<b>24</b> Lunch Bunch 12:00 noon	<b>25</b> Exercise 8:30/9:00 am Great Courses 1:30 pm (A&C) Management Excellence 1:00 pm	<b>26</b> 2 <sup>nd</sup> Annual Open Air Market 3:00 – 6:00 pm	<b>27</b>
<b>28</b>	<b>29</b> Exercise 8:30/9:00 am	<b>30</b> Exercise 8:30/9:00 am Zumba 10:30 am Delay the Disease 1:00 pm				

## Redstone Highlands – Redstone Colonial Estates – July 2019

RESERVATIONS ARE NEEDED  
FOR THE FOLLOWING:

- All Zumba classes
- Men's Club
- Community Management Meeting
- Lunch Bunch

Thank you for your cooperation in getting your reservations to me as soon as you are able. It helps tremendously with planning. If you make a reservation and change your mind, please be sure to let me know that as well.

Thank you again!

Reminder that Great Courses will be held in the Arts & Crafts room at the Apartment building on Thursday, July 25<sup>th</sup>.

The office will be closed on Thursday, July 4<sup>th</sup> in observation of Independence Day! Enjoy the holiday!!

Be sure to come to the Open Air Market on Friday, July 26<sup>th</sup>. There will be lots of goodies to purchase. Or, just come out and browse! I'll see you here!