



Dear Residents,

Here are your COVID-19 updates for Saturday, March 14, 2020.

Last night the Center for Disease Control issued even stricter guidelines for Nursing Homes and Personal Care Homes. A “no visitor policy” is an important part of these guidelines. We will be following a strict NO VISITOR policy in our Nursing Home and Personal Care Homes. We know that this is very painful for our residents and their families, but we also know that limiting contact by outside visitors improves our residents’ abilities to stay healthy through this pandemic. Independent Living (IL) and Villa residents should not visit these levels of care during this time. Our Lifestyle Team continues to assist residents and families with setting up skype visits if needed. Please contact Jill Wolfe at [jwolfe@redstone.org](mailto:jwolfe@redstone.org) if you or your family wishes to set up a Skype visit and she will help to get one scheduled.

As of today, there will be NO GROUP ACTIVITIES across all levels of care. Worship is cancelled for Sunday. Residents in Personal Care and the Nursing Home must stay in their rooms. This is for the protection of these residents. Meals will be delivered to rooms in Personal Care and the Nursing Home. Residents in these levels of care may not visit other levels of care, including the IL dining room. Residents of Personal Care and the Skilled Nursing Home may not leave Redstone with family members.

The Beauty Shops on all campuses, and the Bistro in Greensburg, will be closed until further notice. If you have hygiene concerns related to the Beauty Shop, please speak with your Campus Director. The Gift Shops will remain open for access by IL residents and employees, only.

ALL who do come on to our campuses must enter through the central front door to go through the health screening process. IL residents may continue to access the building in their normal fashion, but should require all family members to enter through the

front door so that they can go through the screening process. When IL residents ask their families to do this, they are helping to protect all of our residents.

While we cannot close our IL and Villa communities to visitors, it is in our residents' best interest to minimize the number of people who walk through our doors. Please consider asking family members to visit over the phone, rather than in person. While self-isolation is not required, the CDC is encouraging seniors to isolate as much as possible. IL residents may still visit the Dining Room and the Gift Shop. Should you choose to self-isolate, you may order meals via the CATIE system. At this time, we will continue scheduled transportation to the grocery store and bank. Remember, you cannot visit residents in other levels of care, or move about other levels of care.

IL residents who fall into any of these categories must speak with their Campus Director immediately and self-quarantine:

- is exhibiting a temperature of 100 degrees or greater
- is exhibiting any respiratory symptoms including cough, congestion, sore throat or shortness of breath
- has been to any of the following countries within the last 14 days – China, Japan, Iran, Italy, South Korea, or Europe (excluding the UK)
- has been on a cruise or at an international resort within the past 14 days

Two months down the road, some people might say, "We didn't need to do all of these things. Coronavirus never got to Redstone." In reality, the efforts we make today will be what helps to contain the virus, both at Redstone and around our country. We are taking appropriate measures to minimize the risks of spread, and maximize the health and wellbeing of our residents and our employees

Thank you for partnering with us to keep you safe during this challenging time.

Sincerely,

Vicki Loucks, RN, MSN, MBA  
Vice President & Chief Operating Officer  
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