



Dear Residents,

Here are your COVID-19 updates for Wednesday, April 8, 2020

Today is a quiet day. We have no new news to report since yesterday. As we settle in to this “new normal,” we will eventually reduce the number of letters that we are sending to you. For now, we know that you count on communication from us to keep you up to date with what is going on. We will always make sure that we share information with you in a timely fashion.

There is still much uncertainty about the days that lie ahead of us. In some parts of the country, new cases of the Coronavirus have begun to lessen. This is good news. Here in Western Pennsylvania, our numbers continue to be on the upswing, so our diligent efforts are still necessary. Therefore, please continue to encourage your family members to visit with you by phone, instead of in person. Our no visitor policy must remain in place until we believe that it is safe to loosen this policy.

We hope that you are finding ways to “move your body” as best you can during these days. On nice days, remember that you are welcome to go for a walk outdoors. Make sure that you stay 6 feet away from anyone you may encounter on your walk. It is good to be out and about, but remember to avoid congregating in busy public areas. Each campus offers a number of programs, including exercise programs, through the television system. Check out the schedule and plan to “work out” with your Redstone community in the safety of your own apartment.

As we move towards Easter weekend, I invite you to join me in thinking about a very important question: “What am I grateful for today?” In the midst of challenging days, a grateful attitude makes us all feel a little happier and stronger. If you would like to share your list of “gratefals”, feel free to write them down and give them to your Housing Assistant. We would love to see them.

One of our “gratefals” is how supportive you all have been during this challenging time. Your encouragement means so much to all of us. As hard as this is, we’re grateful to be sharing this time with a very special community of people!

Sincerely,

Vicki Loucks, RN, MSN, MBA

Vice President & Chief Operating Officer

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