



Dear Residents,

Here are your COVID-19 updates for Monday, March 30, 2020.

Within the past 24 hours, there have been 693 new cases of Covid-19 in Pennsylvania. Our actions over the next days and weeks are critical. A newly released study by Columbia University compares best and worst case coronavirus scenarios in southwestern Pennsylvania. In the best case scenario, if we continue to take shelter-in-place seriously, the study predicts that Westmoreland County will see approximately 1,000 cases of COVID-19. In the worst case scenario, if shelter-in-place is relaxed and we rely on people's common sense to practice social distancing, a projected 37,000 cases will be seen in Westmoreland County, alone. The loss of life, too, will be significant. The difference between these two scenarios is staggering. The efforts we have made, and will continue to make, will make a big difference. We thank you for your support, and urge your continued cooperation.

Some of our hardest decisions have been made in relation to residents leaving our campuses. Please remember the following:

- All Independent Living Apartment, Personal Care, and Nursing Home residents must remain on the Redstone campus at all times.
- By leaving the campus, you may be putting your own, or someone else's life at risk. You may only leave the campus for essential medical purposes.
- Essential medical purposes include those treatments and procedures, which if not completed at this time, would jeopardize your immediate health. All other appointments or procedures should be postponed.
- We continue to believe that enforcing this policy is the most loving thing that we can do for our Redstone family.
- Willfully disregarding this policy may lead to you being unable to return to your Redstone apartment until the pandemic has reached a safer level of control.

This kind of isolation is very challenging for all of us. Graduating seniors may not know the joy of a prom or a graduation ceremony. Grandparents have been unable to be present at the hospital for the birth of a new grandchild. Families have resorted to visiting at nursing homes through a

window. We have all had to change plans for family celebrations and holidays. Churches have cancelled worship activities. We are all in this very difficult boat together, and everyone's cooperation is essential.

In other reminders, families may continue to drop off packages between 2 pm and 7 pm, Monday through Friday. Weekend drop-offs may be allowed for special occasions, like birthdays. Contact the Campus Director to make arrangements. Our no-visitor policy remains in place across all levels of care, including Independent Living apartments.

Remember that our personal shopper program will assist you in getting groceries, toiletries, and prescriptions. If you need more shopping list slips, ask your housing assistant. Should you have another unique need (such as a check that needs to be dropped off at a bank) please mention that to your housing assistant and we will assist you with a plan.

As you know, the President has extended the policies of social distancing until April 30, and our Pennsylvania Governor has now extended the shelter-in-place mandate until this date as well. This will not be a short and easy journey for any of us. We will get through this time, together. If you are feeling stressed, especially sad, or having trouble coping with this isolation, PLEASE reach out to your campus director, chaplain, or a member of our Redstone team. Your health and wellbeing are important to us, because YOU are important to us. At Redstone, we like to say that every person matters. This has never been more true than right now, as we pull together to face this pandemic.

Sincerely,

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