

Redstone Presbyterian SeniorCare

Reopening Implementation Plan

July 15, 2020

Facility Information:

Redstone Highlands – Murrysville Campus
4951 Cline Hollow Rd.
Murrysville, PA 15668
Contact Person: Susan Rothrauff
Phone: 724-733-9494

Purpose:

Redstone Highlands Communities will develop and follow a reopening implementation plan. Guidance from the Pennsylvania Department of Health will be utilized to create procedures that will promote the safety of residents, staff, and visitors.

Steps taken are countermeasures in accordance with the 2005 Public Readiness and Emergency Preparedness Act (PREP Act).

Date and Step of Reopening:

Wednesday July 15, 2020 entering Step 2

Redstone Highlands has met all of the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents in accordance with the June 8, 2020 Order for the Secretary of Health AND has had an absence of any new facility onset of COVID-19 cases for 14 consecutive dates since the baseline COVID-19 testing.

Redstone Highlands has not experienced a significant COVID-19 outbreak.

Strategy for Testing, Cohorting, Personal Protective Equipment, and Staffing

1. Baseline Universal Testing Occurred for all staff on July 1, 2020.
2. Redstone Highlands actively monitors residents for signs and symptoms of COVID-19 with policies in place to identify when testing may be appropriate.
3. Redstone Highlands has a testing plan and policy in place to administer COVID-19 tests to residents and staff in the event of an outbreak and the plan utilizes nursing staff and lab services to obtain the test samples as appropriate.
4. Redstone Highlands has contracted with a lab for COVID-19 testing kits and processing of results for both residents and staff.
5. Redstone Highlands has incorporated non-essential employees and volunteers into the testing plan based on contact tracing or mass testing of a unit or facility if the individual was on-site during the identified time frame.
6. Redstone Highlands' testing plan outlines steps to address residents and employees who may refuse to test in accordance with the Pennsylvania Department of Health HAN 509: Testing Guidance for COVID-19 in Long-Term Care Facilities Residents and Healthcare Personnel.

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7. Redstone Highlands has policies in place to cohort residents based on test results or exposure to COVID-19 and will follow the established policy based on the Pennsylvania Department of Health HAN 509: Testing Guidance for COVID-19 in Long-Term Care Facilities Residents and Healthcare Personnel.
8. Redstone Highlands has policies in place to monitor personal protective equipment (PPE) and contingency plans to obtain additional PPE in the event of a shortage. PPE levels are monitored daily and reported based on reporting requirements.
9. Redstone Highlands personal care home operates above the Department of Human Services requirements for staffing. Redstone Highlands has policies in place to support crisis staffing in the event actions would need to be taken.
10. Redstone Highlands will return to pre-opening restrictions for the campus should Westmoreland County revert to a red phase under the Governor's Reopening Plan. Under these restrictions, visitors will be restricted from entering the campus for all levels of care except where end of life situations are concerned. Internal activities, dining, and volunteers will be restricted as appropriate and Redstone Highlands will follow any added guidance or directives issued at that time from the Pennsylvania Department of Health and/or Department of Human Services.

Screening Protocols:

1. Redstone Highlands assesses residents in the personal care home twice daily for symptoms consistent with COVID-19 and follows internal policies that outline follow up requirements with relation to testing.
2. Redstone Highlands requires all staff, non-essential personnel, and volunteers to screen prior to the start of their shift in accordance with internal policies and utilizing the screening tool that is in effect at that time. Staff are required to report if they screen out and instructed if they will need to be tested before returning to work.
3. Redstone Highlands requires all healthcare personnel who are non-Redstone employees and visitors to screen at the time of entrance to the facility in accordance with internal policies and utilizing the screening tool that is in effect at that time. In addition, the facility identifies the resident(s) the individual is visiting to assist with contact tracing in the event it would be needed.

Communal Dining:

1. Communal dining is limited to residents unexposed to COVID-19. Those residents may eat in the same room with social distancing (limited number of people at tables and spaced by at least six feet)
2. The following precautions will be adhered to:
 - a. Staggered arrival times and maintain social distancing
 - b. Take appropriate precautions with eye protection and gowns for staff feeding the resident population at high-risk for choking, given the risk to cough while eating.
 - c. Staff members who are assisting more than one resident at the same time must perform hand-hygiene with at least hand sanitizer each time when switching assistance between residents.
 - d. Tables and chairs, as appropriate, will be cleaned and sanitized after the resident is done.

Activities

1. Step 1: Individual or hallway activities will be pursued and group activities will be limited to five or less residents unexposed to COVID-19. Residents will be screened prior to participating in group

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- activities. Masks will be required by the residents in order to participate in the activities. Activity staff will monitor for mask compliance and assist with hand hygiene as needed.
- a. Types of Activities will include Sensory, Cognitive, Physical, Spiritual and Social based activities or small groups as permitted.
2. Step 2: Limited activities may be conducted with ten or less residents unexposed to COVID-19. Residents will be screened prior to participating in the activities.
 - a. Types of Activities will include Sensory, Cognitive, Physical, Spiritual and Social based activities or small groups as permitted. Activities such as Bingo will utilize disposable playing cards and have the chips sanitized at the end of the game in an EPA approved cleaning solution.
 3. Step 3:
 - a. Group activities will occur in areas where social distancing can be adhered to and the location will dictate the number of residents able to participate, not to exceed the Governor's orders related to group sizes.
 - b. Residents will be screened prior to participating in group activities. Masks will be required by the residents in order to participate in the activities. Activity staff will monitor for mask compliance and assist with hand hygiene as needed.
 - c. Types of Activities will include Sensory, Cognitive, Physical, Spiritual and Social based activities or small groups as permitted. Activities such as Bingo will utilize disposable playing cards and have the chips sanitized at the end of the game in an EPA approved cleaning solution.
 4. Step 3: Outings
 - a. Outings are allowed only for residents unexposed to COVID-19.
 - b. Outings limited to no more than the number of people where social distancing between residents can be maintained.
 - c. Hand hygiene, and universal masking required.

Non-Essential Personnel:

1. All non-essential personnel will be screened at the time of entry and will practice social distancing, hand hygiene, and universal masking.
2. Step 2: These non-essential personnel have been identified by Redstone Highlands as necessary including volunteers and environmental maintenance items.
3. Step 3: Non-essential personnel will be permitted following the above criteria. Hair Salons will be open to the nursing facility and personal care home residents by appointment only and the service days will be separated based on levels of care (SNF, PC, or IL).
 - a. Residents will be screened before the going to the appointment
 - b. Hair dressers will be required to clean and sanitize equipment between each resident appointment.
4. Non-essential personnel will not be permitted to enter a resident room or care area that has been identified as having been exposed to COVID-19.

Visitation Plan:

1. Visitations will be scheduled from 1p-4p and 530p-830p with two appointment times per level of care (2 Courtyard Personal Care and 2 Terrace Personal Care) and will be limited to 1 hour visits.
2. Visits will be scheduled using an on-line platform for visitors to select their desired visit time for that level of care and the specific resident.

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3. Visitation areas will be sanitized between each visit by the staff member or volunteer assigned to the Visitor Hosting role. The areas will be sanitized in accordance with internal infection control policies.
4. Visitors will be limited to 2 people per visit per resident in order to support social distancing requirements.
5. Visits will be scheduled and limited to one visit session per resident per week initially. Only those residents who are unexposed to COVID-19 will be permitted to have visitors.
 - a. Children are permitted to visit when accompanied by an adult visitor, within the number of allowable visitors. Adult visitors must be able to manage children and children older than 2 years must wear a facemask during the entire visit. Children must maintain strict social distancing.
6. Steps 2 and 3:
 - a. Residents receiving visitors will be able to be transported to the visiting area while being masked and as long as they remain unexposed to COVID-19.
 - b. Outdoor visitation (weather permitting) is allowed in covered spaces within neutral zones. Each outdoor visit station will have a 6' table with the visitors on one end and the resident on the opposite end to reinforce social distancing requirements.
 - i. Outdoor neutral zones:
 1. Courtyard Personal Care: Residents will be masked and brought out through neutral zones and out to the parking lot
 1. PC Exit on the 1st Floor in front 3 handicapped parking lot under a tent
 2. Terrace Personal Care: Residents will be masked and brought out to the courtyard off of the Terrace Unit.
 1. Terrace courtyard with awnings and tables
 - c. Indoor Visitation will be utilized in the event of inclement weather in neutral zones.
 - i. Courtyard Personal Care: Residents will be masked and brought down to the lobby space.
 1. Personal Care Lobby space with markings at 6' to support social distancing
 - ii. Terrace Unit: Residents will be masked and brought to the lobby space
 1. Terrace lobby outside of the unit with markings at 6' to support social distancing
 - d. Step 3 Only: Visitation for residents who require in-room visits because they are unable to be safely transported to the neutral visit locations will occur as follows:
 - i. Outside of end of life visits, residents will be identified and physician order obtained for those who cannot transfer to a neutral zone area for visitation. Visitors will be treated as employees requiring the same level of personal protective equipment and screening practices for entrance.
 7. Volunteers
 - a. Step 2: Volunteers are allowed only for the purpose of assisting with visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19.
 - b. Step 3: Volunteers will be permitted to resume normal volunteer duties with residents who are unexposed to COVID-19.
 - c. Screening, social distancing, universal masking and social distancing are required.
 - d. Volunteers will follow the use of assigned personal protective equipment in accordance with internal infection control policies based on the activities being performed.
 - e. Volunteers assisting with Visitor Hosting responsibilities will be educated and trained on infection control processes in place including sanitizing of the visitation areas.

Personal Care Home Manager: Susan Rothrauff

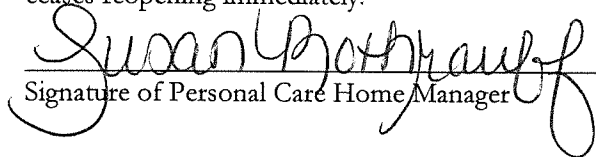
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ATTESTATION

I attest that the information provided in this Implementation Plan is an accurate representation of the facts and that this facility will adhere to the Implementation Plan as written. I further attest that the county in which this facility is located is in a Yellow or Green phase per the Governor's Reopening Plan. This Implementation Plan will be posted on our website (if one exists) or made available to all residents, families, advocates such as the Ombudsman and the Department upon request. This facility will progress to the next step of reopening only when the criteria is met as described in the *Interim Guidance for Skilled Nursing Facilities During COVID-19*. If at any point during reopening the facility fails to meet the criteria for reopening, I will ensure the facility ceases reopening immediately. Further, if at any point during reopening this facility is operating under a contingency staffing plan, I will ensure the facility ceases reopening immediately.


Signature of Personal Care Home Manager

7-13-2020
Date

Reference:

2005 Public Readiness and Emergency Preparedness Act (PREP Act)