



Dear Family & Friends of Redstone Residents,

Here are your COVID-19 updates for Monday, March 30, 2020.

Within the past 24 hours, there have been 693 new cases of Covid-19 in Pennsylvania. Our actions over the next days and weeks are critical. A newly released study by Columbia University compares best and worst case coronavirus scenarios in southwestern Pennsylvania. In the best case scenario, if we continue to take shelter-in-place seriously, the study predicts that Westmoreland County will see approximately 1,000 cases of COVID-19. In the worst case scenario, if shelter-in-place is relaxed and we rely on people's common sense to practice social distancing, a projected 37,000 cases will be seen in Westmoreland County, alone. The loss of life, too, will be significant. The difference between these two scenarios is staggering. The efforts we have made, and will continue to make, will make a big difference. We thank you for your support, and urge your continued cooperation.

Please remember the following:

All Independent Living Apartment, Personal Care, and Nursing Home residents must remain on the Redstone campus at all times. By leaving the campus, they may be putting their own, or someone else's life at risk. They may only leave the campus for essential medical purposes. Essential medical purposes include those treatments and procedures, which if not completed at this time, would jeopardize their immediate health. All other appointments or procedures should be postponed. We continue to believe that enforcing this policy is the most loving thing that we can do for our Redstone family. Willfully disregarding this policy may lead to your loved one being unable to return to their Redstone apartment until the pandemic has reached a safer level of control.

Residents may continue to walk about the hallways, and outdoors, in appropriate weather. We encourage them to not congregate in public spaces and to maintain the 6 foot "bubble" about them at all times.

Families may continue to drop off packages between 2 pm and 7 pm, Monday through Friday. Please restrict your drop-offs to these times. Weekend drop-offs may be allowed for special occasions, like birthdays. Contact the Campus Director if you need to arrange for something

special. Our no-visitor policy remains in place across all levels of care, including Independent Living apartments. Facetime or skype visits may be arranged by contacting Jill Wolfe at jiwolfe@redstone.org. We have had some families doing “window visits” as you may have seen across the nation. You are welcome to do so, but we ask that you be mindful of social distancing for yourself and your family as you make these visits.

Remember, our personal shopper program will assist your family member with getting groceries, toiletries, and prescriptions. If you live close enough to be able to provide some of these services for your resident family member, that is encouraged. When our shopper goes out to shop for 20 people, she is often limited to quantities and has been unsuccessful in finding items like toilet paper and paper towels. If you live at a distance, we hope you are comforted in knowing that we are offering this shopping service to your resident. Should your family member have another unique need (such as a check that needs to be dropped off at a bank) they may ask the housing assistant for assistance.

We continue to closely monitor our staff and are following Department of Health policies. We are limiting the risk of exposure from our employees through temperature checks, wellness screening, and the use of masks when appropriate and necessary.

As you know, the President has extended the policies of social distancing until April 30, and our Pennsylvania Governor has now extended the shelter-in-place mandate until this date as well. This will not be a short and easy journey for any of us. We will get through this time, together. We have encouraged our residents who are feeling stressed, especially sad, or having trouble coping with this isolation, to please reach out to their campus director, chaplain, or a member of our Redstone team. Your loved one’s health and wellbeing are important to us, because THEY are important to us. At Redstone, we like to say that every person matters. This has never been more true than right now, as we pull together to face this pandemic.

Sincerely,

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