



Dear Residents, Families, and Friends of Redstone,

Here are your updates for Friday, August 14, 2020

A month ago we told you that we would be reducing the volume of our communications to you to every other week, unless we had news that needed to be reported immediately. We are very grateful that there has been no critical news to report over the past two weeks.

This has been a long journey, and there is no question that we are all weary. Our focus remains on continuing our best practices for infection control, with the goal of keeping Covid-19 out of Redstone. As senior care communities in our region and around the nation continue to struggle with cases, we recognize how fortunate we have been here at Redstone. We are very careful with the flow of traffic into our buildings, and residents living in different levels of care must still remain within their own areas. Please keep doing what you're doing. Don't grow weary of wearing those masks, maintaining social distance, avoiding crowds, washing your hands, and monitoring your own signs and symptoms.

I have just a couple of reminders for you today. Please remember that Independent Living residents may receive two visitors a day between 10 am and 7 pm. Visitors must enter through the front door to be screened. Visits with our Personal Care, Terrace, and Skilled Nursing residents must be scheduled in advance in order for us to follow state guidelines. Families may schedule visits on our website at <https://redstonefamilyvisitscheduler.as.me>.

We learned recently that Redstone is one of only 186 out of nearly 1200 organizations in Pennsylvania that has submitted a plan to the state for reopening and visitors in nursing and personal care homes. We are glad to be ahead of the curve with developing a plan for visiting, but remain cautious; knowing that should we end up with an additional positive case of Covid-19 we will need to return to Phase 1 of the reopening plan which will mean no visitors once again. For now, please honor the one in-person visit per week per resident in order to make sure that every resident can have a visit. For visits at all levels of care, an additional visitor under the age of 16 years old may accompany the two adult visitors. Remember that unless weather conditions are extreme, the state requires that visits take place in outdoor visitor stations.

Our list of quarantine states continues to grow and is available here:

<http://redstonehighlands.org/News/coronavirus-visitors.html>. Those who have been in any of these states within the past 14 days, or who have had overnight guests from these states, are asked to

quarantine for 14 days before visiting with our residents. Residents and employees, who have been to these states, will also be asked to quarantine upon return.

We will soon be rolling out our annual influenza vaccination program at Redstone. This year, receiving this vaccine will be a condition of employment for our employees. The flu, combined with the threat of Covid-19, could be devastating to our communities this fall and winter. We hope that families of our residents will also get their flu shots in order to join our efforts to protect our residents.

Hopefully, if all remains calm here at Redstone, our next communication with you will be at the very end of August. This summer has seemed to go by quickly, while at the same time it feels like it has lasted forever. Do you feel that way? I hope that these last weeks of summer bring you opportunities to soak up some sunshine and find some joy, wherever you are.

May God's blessings continue to be with all of us.

Vicki

Vicki Loucks, RN, MSN, MBA
Vice President & Chief Operating Officer
Resident and Family Hotline: 724-972-4579
hotline@redstone.org